



THE RIVER WEEKLY NEWS

FREE
Take Me Home

Vol. 21, No. 20

From the Beaches to the River District downtown Fort Myers

MAY 13, 2022

Senior Dancers Take Spotlight At Film Festival Gala

The 12th annual Fort Myers Film Festival will be held at the Sidney & Berne Davis Art Center from Wednesday to Sunday, May 18 to 22. There will also be film screenings among the featured 73 international and independent films at other venues around town.

The festival will begin at 5:30 p.m. on Wednesday with a gala and the opening film *Calendar Girls*. The kickoff will feature a red carpet rollout, paparazzi, music, food and a meet-and-greet session with the *Calendar Girls* dancers, director, producers as well as stars of the movie. Expect a live performance by the dancers as well. An after party will be held on the rooftop of the center.

The official films selected for the 2022 Fort Myers Film Festival include movies in the categories Features, Documentaries, Shorts, Short Shorts, Strictly Local, Student and Environment.

Calendar Girls is a documentary about a group of local senior volunteer dancers in Southwest Florida who are determined to prove that age is just a number. It's a coming-of-golden-age movie about the

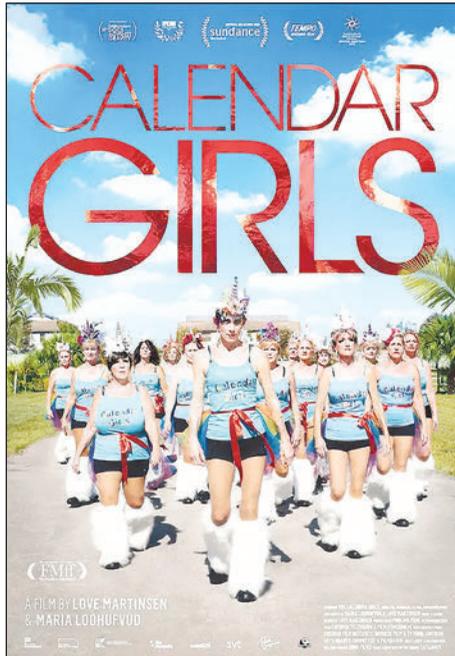


image provided

second teenage phase: the retirement phase. The *Calendar Girls* give it all they've got, and they have a lot to give – impressive makeup, handmade costumes, elaborate dance routines and, most notably, their unparalleled enthusiasm and sparkling personalities. Through revealing

continued on page 4

Third Grader Sets Reading Record, Starts Foundation

Enzo DeCicco, a third grader at Fort Myers Christian School (FMCS), has defied the odds once again, hitting two milestones most children never reach, let alone children who were exposed to multiple drugs before ever seeing the light of day.

Enzo, who was born with Neonatal Abstinence Syndrome (NAS) and adopted as an infant by DeAnne and Bill DeCicco, earned 1,000 Accelerated Reader (AR) points this year, the only student in his county to do so. Enzo, along with his mother, also launched a foundation – the DeCicco Project – in honor of Bill, who passed away last summer.

DeAnne and Bill, who had each been married previously to spouses with drug abuse issues before marrying each other, were determined to raise Enzo with all he needed in order to achieve his full potential. DeAnne thought their family history would give them an advantage in dealing with the challenges Enzo would face.

Enzo started therapy at 2 months old and over the years, has benefited from the care of dozens of individuals, from



Enzo DeCicco photo provided therapists to tutors to teachers. As a result, Enzo has reached milestones that many would have once considered unattainable, such as the reading program honor that awards points based on number of books read and the difficulty level of those books.

"Enzo has worked so hard to accomplish this goal, and I am so incredibly proud of him," said Naomi continued on page 12

Women In Cinema Featured At The Alliance

Alliance for the Arts will host LunaFest, which features eight short films by and about women, in Foulds Theater or online on Friday, May 13. The in-person festival will be held at 6 p.m. and 8:30 p.m., while the virtual event begins at noon and runs through Sunday, May 15 at noon (48 hours to start viewing, and 48 hours to finish viewing once you begin).

LunaFest celebrates a powerful and diverse set of women filmmakers. The festival has empowered and shared the work of more than 170 women filmmakers, giving them the opportunity to tell their stories and opening the door for filmmakers who might not otherwise be given the chance to show their art.

Cost for the in-person festival is \$15 per person in advance or \$20 at the door. Cost for the virtual event is \$15 per person. The in-person event will include gourmet snacks, refreshments as well as displays by local businesses and nonprofits.

The featured movies are *How To Be At Home* by Andrea Dorfman, *Close Ties To Home Country* by Akanksha Cruzynski, *Generation Impact: The*



image provided

Coder by Samantha Knowles, *Proof of Loss* by Katherine Fisher, *When You Clean A Stranger's Home* by Sharon Arteaga, *Between The Lines: Liz At*

Large by Abi Cole, *Wearable Tracy* by Emily McAllister and *To The Future, With Love* by Shaleece Haas and Hunter "Pixel" Jimenez.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For tickets, visit www.artinlee.org/event/lunafest.

Historic Downtown Fort Myers, Then And Now:

Dentistry In Early Fort Myers

by Gerri Reaves, PhD



This historic photo of an unidentified dentist office says much about dental practice of more than a century ago.

While the equipment doesn't measure up to today's sleek set-up, items such as the dental chair, instrument cabinet and suspended dental tools clearly mark it as modern for its day.

The label on the center wall-cabinet door reads "sterilized." By the time this historic photo was taken, the foot-treadle dental engine and pump-type hydraulic chair had been invented.

Nevertheless, this photo will probably make you glad that your next dental visit is in 2022 rather than 1900.

For a small town, Fort Myers was fortunate to have specialized dental care as early as its vote to incorporate in 1885. In October of that year, the *Fort Myers Press* ran an ad for Dr. WE Driscoll, dentist of Braidentown [sic], who in the style of a circuit-riding preacher, brought his skill to various towns.

He would be revisiting the town the following November 26, he advertised, and was "prepared for all kinds of dental work." He warranted all operations, during which he could administer "gas."

By the turn of the 20th century, at least one dentist was in residence. Dr. Virgil H. Voorhis. He had just graduated from Southern Dental College in Atlanta in 1899 when he began his career in Fort Myers. (The school eventually became part of Emory University.) He later had an office in the Roberts Building on the southeast corner of First and Lee.

The historical photo's approximate date, as well as the apparently new equipment,



Upon graduating from dental college in 1899, Dr. VH Voorhis established his practice in the Heitman Building at First and Jackson, pictured circa 1908. He was one of the town's first professionally trained dentists.

photo courtesy Florida State Archives



The 1897-1898 Heitman Building today

photo by Gerri Reaves

suggests the photo might be of his office.

Another aspect of the dental world at the turn of the century was tonsorial parlors or barbershops.

The division of dentistry into barbers and surgeons dates to the establishment of a Guild of Barbers in France in 1210. The barbers or barber-surgeons were to perform routine procedures such as shaving, bleeding and tooth extraction, and the more highly educated surgeons performed more complex medical procedures.

Although dentistry was emerging as a fully-fledged medical field in the late 19th century, it is difficult to say what role tonsorial parlors might have played locally. Such parlors traditionally offered not only shaving, shampoos and hair-cutting, but other basic procedures, including tooth extraction.

The barber's pole with red, white and blue spirals made it easy for people with toothaches to know exactly where to seek help.

Two of the town's earliest barbers were WR Washburn and Lew "LC" Stewart, the latter of whom ran Gem Tonsorial Parlor.

Stewart opened a barbershop in 1880 and barbered for 50 years. In the 1890s, his shop was located in a wood frame building on First near today's entrance to the Theatre Arcade. His business partner, Frank Kellow, later served as a city commissioner and as editor of the *Fort Myers Press*.

Other prominent barbers were the Pavese brothers – Rocco, Michael, Willie and Salvatore – who arrived around the turn of the century. Their legendary barbershop on First would survive for almost seven decades.

By 1908, there were at least three barbers on just the First Street block between Jackson and Hendry alone. However, by then it's likely that qualified dentists, not barbers, were performing tooth extractions and the like.

By the 19-teens, the growing town was attracting and able to support highly trained dentists. For example, in 1915, Dr. James B. Waller opened an office in the new Earnhardt Building on First. He advertised as a 1900 graduate of Vanderbilt University, and even did post-graduate work in New York City while in practice.

Concurrently, Dr. George A. Brummett had an office in the Bank of Fort Myers Building on the southeast corner of First and Jackson.

Walk the main business block and imagine dental care in pioneer days. Then visit

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Teacher Draws Energy, Ambition From Students

submitted by Chris Hansen,
Child Care of Southwest Florida

There are many reasons an employee might call out sick, like a cough, fever, cold or allergies... or perhaps a child or spouse is ill and they need to provide care.

Certainly, kidney dialysis is a valid excuse to miss work.

Not for Pam Goldsmith, though.

"As long as I can get to work, let me work," said Goldsmith, an early childhood educator at the Joseph H. Messina Children's Center in Fort Myers. "I've been working since I was 16 years old. That's all I know."

Two years ago, Goldsmith suffered kidney failure. At first, she went to the hospital for dialysis three times per week, but found the environment depressing. It also meant missing work. Instead, she began an at-home dialysis program. Although it lasts longer – eight hours nightly for seven days a week – the at-home treatment means she doesn't have to miss work. Goldsmith works a 10 a.m. to 6 p.m. shift at the early learning center, which allows her to schedule any doctor's appointments before she starts work.

In addition to a failing kidney, Goldsmith also has diabetes and high blood pressure. Kidney dialysis is a physically and mentally exhausting process, and some have wondered how she can muster up enough energy to teach a class of spirited toddlers.

"They give me the energy," Goldsmith said. "The children motivate me to keep working."

And she has. Through cold and flu season, the pandemic, family health issues and other challenges, she has been showing up to work nearly every day since Child Care of Southwest Florida hired her in June 2000.

Goldsmith's commitment to work as well as the dedication of her colleagues, also means parents can show up to work every day. Working parents need reliable child care, and Child Care of Southwest Florida implemented numerous safety protocols early in the pandemic to help protect the health of students and staff. Florida law requires specific student-to-staff ratios, so healthy, reliable employees are critically important to maintain daily operations.

A kidney issue isn't the only challenge Goldsmith has overcome. She doesn't



Pam Goldsmith with one of her students
photo provided

drive. Her family, friends and colleagues gladly step in, though, knowing how important it is for her not to miss work.

"Pam gives us energy, too," said Yolanda Vargas, director of the Messina Children's Center. "For eight hours every day, she pours her heart and soul into the children here so they can receive a high-quality education. It's incredible to think that after Pam leaves in the evening, she still has to go through eight hours of kidney dialysis. And then she's back again the next morning for another day."

Goldsmith overcame a learning disability to graduate from North Fort Myers High School in 1988. She attended vocational school to earn a child development associate (CDA) credential and later completed the early childhood education program at then-Edison Community College.

Today, she leads the Lions class at Messina Children's Center, focusing on reading, math and social skills to help students prepare for kindergarten.

Goldsmith is beginning the process of qualifying for a kidney transplant while continuing dialysis at home and working full-time. Although she occasionally needs "a minute or two" to catch her breath or get a drink of water, she said the overwhelming support from her colleagues and Child Care of Southwest Florida's leadership team has helped fuel her desire to keep teaching.

"That's why I am sticking with them," she said. "They've stuck with me."

For more information about Child Care of Southwest Florida, call 278-1002 or visit ccswfl.org.

Safe Boating Week Approval

The Town of Fort Myers Beach recently recognized the importance of safe boating with a proclamation stating that May 21 through May 27 be designated as "Safe Boating Week."

Recreational boating is fun and enjoyable, and boaters are fortunate to have sufficient resources to accommodate the wide variety of pleasure boating demands. However, local waterways can become crowded at times and be a place of chaos and confusion. While being a

marvelous source of recreation, boating – to the unprepared – can be a risky sport.

Not knowing or obeying the navigation rules or the nautical "rules of the road," drinking alcohol or taking drugs while operating a boat, or choosing not to wear your life jacket, are all examples of human error or a lack of proper judgment. Each year, boaters lose their lives by drowning at roughly an 80 percent clip due to not wearing a life jacket. Therefore, the message of boating safely and wearing a life jacket must continue to be spread not only during National Safe Boating Week but throughout the entire year. For more information, visit www.cgau.org.

New Programs At Newton Park

The Town of Fort Myers Beach cultural resources team will debut two new programs for ages 12 and older to add to its activities on Fort Myers Beach: Shell & Tell and Turtles of Southwest Florida.

Shell & Tell begins on Saturday, May 14 at 1 p.m. and will also be offered on Friday, May 27 at 11 a.m. Learn about the various shell species as well as their biology and importance to the ecosystem.

Turtles of Southwest Florida will be held on Saturday, May 21 at 11 a.m. Learn about the various Southwest Florida turtle species and what to do to protect them.

Both new programs will be held at Newton Beach Park at 4650 Estero Boulevard on Fort Myers Beach. Cost is \$5 per person with social distancing guidelines in place. Mound House members are admitted free. Newton Beach parking is \$5 per hour, with one hour generally enough.

For details, reservations and a monthly programs schedule, call 765-0865 or visit www.moundhouse.org.



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Fort Myers Art:

Short Films Spotlighted At Fort Myers Festival



by Tom Hall

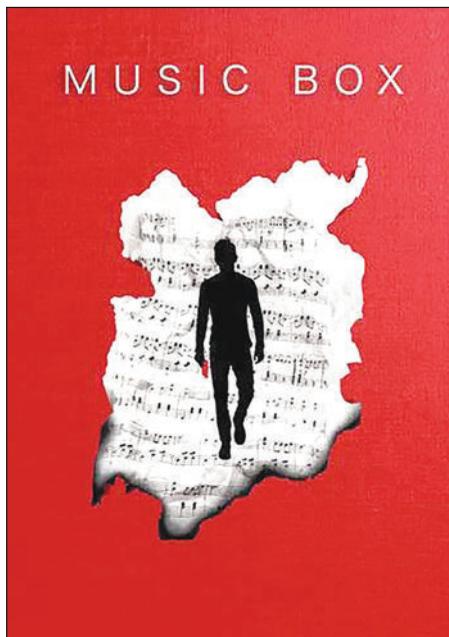
Organizers of the Fort Myers Film Festival (FMff) will feature various short films during its run at Sidney & Berne Davis Art Center from May 18 to 22.

On Thursday, May 19, *Music Box*

will be played during Interesting Shorts Block 1 at 6 p.m. The film, directed by Kyle Cyr and written by Miguel Gonzalez-Floyd, who also stars in the film, is about a man who goes on an emotional journey while writing a letter. Besides the Fort Myers Film Festival, *Music Box* is an official selection of the Subculture Film Festival and CenFlo Film Festival. It won 2022 Best Short Fiction Film honors from the Direct Online Monthly Film Festival and 2022 Audience Award at Film Slam.

On Friday, May 20, *Letter for My Son* will be shown during the 2:30 p.m. Random & Animated Short Film Block. It is about a call to action in support of Arts for ACT Gallery, a Fort Myers art gallery owned by nonprofit Abuse Counseling and Treatment, Inc., which provides shelter and support services for victims of domestic violence, sexual assault and human trafficking. The nine-minute short was produced by Elijah Gromalski and directed by Justine Sophia. Cineastes and patrons of the Fort Myers Film Festival know Gromalski (who also goes by Elijah Green) through the theme he wrote and recorded for FMff and its Thank God for Indie Mondays (TGIF) screenings.

Also on Friday, award-winning director Vincent Marcucci will premiere the highly anticipated environmental documentary



images provided

series *Tales of Sunshine: Florida Ecostories* at 4:30 p.m. The four-part series navigates the serene forests and waters of Florida to uncover four powerful environmental stories that took place during the height of COVID-19. The meditative docuseries weaves together captivating histories of curiosity, resilience and environmental justice through the personable stories of four naturalists from different regions of Florida.

On Saturday, May 21, *April Showers*, a 12-minute short romantic drama that 2021 FMff Best Feature filmmaker Caytha Jentis filmed in Montclair, New Jersey and New York City's Central Park during the pandemic, will be featured during the Rom Com Hot Films Short Film Block at 3:50 p.m. Bill Sage and Lorraine Farris play a man and woman who meet on a bench in an unusually stark Central Park while the city and its residents are grappling with life at the epicenter of the pandemic.

At 6 p.m. on Saturday, Tim Ritter's short film *The Lost Age* tells of a young dinosaur enthusiast's surprise trip to a



prehistoric-themed park with his parents. It won't be the biggest or last surprise the day has in store for him. Ritter wowed Fort Myers Film Festival cineastes in 2017 with his film *Moment of Truth*, the first locally produced feature film to appear in the film festival's history.

Among the five flicks finishing off Saturday is the short film *Daggers Drawn*, part of the 9 p.m. Hottest Indie Film Block. The 11-minute short film from the United Kingdom is a thriller about a couple on a date, but neither of them is looking for love. In fact, their intentions are quite the opposite. "I like elevated genre that

is playful, and I prefer the bombastic over the subtle – twists and turns, comic-book violence and dark humor," filmmaker James Cotton shared.

Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.fortmyersfilmfestival.com.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats. ✨

Airport Reports Historic Numbers

During March, 1,514,046 passengers traveled through Southwest Florida International Airport (RSW) in Fort Myers – an increase of 30 percent compared to March 2021 and the busiest month in the 39-year history of the airport. Passenger traffic is up 44 percent, so far, compared to last year.

The traffic leader in March was Delta with 284,407 total passengers. Rounding out the top five airlines were Southwest (254,061), United (197,294), Spirit (188,373) and American (180,542).

RSW had 12,168 aircraft operations, an increase of 6.1 percent compared to March 2021. Page Field saw 14,111 operations, a 10 percent increase compared to March 2021 and the best month recorded in nearly 40 years. ✨

From page 1

Film Festival

conversations and choreographed dance scenes, the film captures the challenges of being a woman over age 60 with the balance of family, home and dance. With laughter and tears, relationships and identities change as new dreams are discovered.

The film was first screened virtually as an official selection of the 2022 Sundance Film Festival in January and quickly thereafter purchased by Juno Films for distribution. The film, which will be rolled out internationally in July, will be among the first seen in the nation at the Fort Myers Film Festival.

Swedish filmmakers and directors Maria Loohofvud and Love Martinsen crafted a life-affirming, feel-good documentary that shakes up the outdated image of what it means to be an "old lady." It's a call for everyone to dance their hearts out, while they still can.

"Our goal with this film is to smash the stereotypes of aging and to inspire people to find their own local girl gang. To dedicate and to dance. Before it is too late," the filmmakers said. "During a period of two years, we moved back and forth to Florida with our family, spending as much time with the group as possible. We wanted to get to know the group from the inside and to get behind the costumes and the makeup, and examine the universal feelings of being a woman over

60. To make an intimate and respectful portrait, not just another film about 'crazy Floridians.'"

Since 2005, the Calendar Girls have danced their way into the hearts of the residents and vacationers in Southwest Florida. They perform over 100 public and private performances each year and they practice three times a week. Calendar Girls are recognizable by their sometimes elegant, but more often, wild and wacky costumes. They've been cowgirls, pirates, hippies, unicorns, fish, Elsa from *Frozen*, Cher, Raggedy Ann and zombies.

The women of the group come from diverse backgrounds. Some live in gated communities, some in trailer park areas. Many are retired. Most have never danced before.

The name Calendar Girls refers to the yearly calendar the dance troupe makes to raise awareness and funding for the local organization Southeastern Guide Dogs, which trains guide dogs for visually impaired veterans or veterans with post-traumatic stress disorder.

Tickets start at \$20 for the movie only or \$100 for movie and VIP meet-and-greet of cast and crew.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, tickets and complete film guide, visit www.sbdac.com/fmff-opening-night, www.fortmyersfilmfestival.com or call 333-1933. ✨

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Forever Stamp Honors Pioneer



The Eugenie Clark Forever stamp

image provided

Eugenie Clark, a pioneering marine biologist who spent her career working tirelessly to change public perception about sharks – as well as to preserve marine environments around the world – has been immortalized on a Forever stamp.

The dedication took place at the Mote Marine Laboratory & Aquarium, which Clark helped found as the Cape Haze Marine Laboratory in 1955.

“One of the goals of the Postal Service’s stamp program is to celebrate the people who represent the best of our nation, and Eugenie Clark – I should say Dr. Clark or the ‘Shark Lady’ – certainly deserves this recognition,” said Angela H. Curtis, the Postal Service’s vice president of delivery operations and dedicating official. “She was a brilliant scientist whose groundbreaking work added to our understanding of sharks and marine environments.”

A prolific scientist animated by an unyielding sense of curiosity, Clark, who passed in 2015, carried out

groundbreaking experiments and more than 200 expeditions across the globe. She demonstrated that lemon sharks could be trained to do complex tasks, disproved the notion that some shark species must keep swimming in order to survive, and debunked myths about sharks as vicious, fearsome creatures.

Clark was a pioneer in the era when scuba emerged as a research tool and later took more than 70 trips in high-tech submersibles, sometimes as deep as 12,000 feet beneath the ocean surface – something that has still been done by only a small number of other marine biologists.

For her contributions to marine science, she received the Franklin L. Burr Award from the National Geographic Society, the Explorers Club Medal and the Medal of Excellence from the American Society of Oceanographers, among numerous other recognitions. In 2015, she was honored posthumously by the U.S. Congress. In 2018, a newly discovered species of dogfish shark

found in the Gulf of Mexico was named *Squalus clarkae* in her honor.

The stamp art features a digital collage created by multidisciplinary artist Amanda Phingbodhipakkiya. Her design includes a photograph of Clark taken by David Doubilet, as well as a photograph of a lemon shark taken by Reinhard Dirscherl. Wavy blue elements in the stamp’s background evoke an undersea scene.

The Eugenie Clark Forever stamp is being sold in panes of 20 stamps. News of the Eugenie Clark stamps is being shared with the hashtag #EugenieClarkStamp.

Customers may purchase stamps and other philatelic products through the Postal Store at www.usps.com/shopstamps, by calling 1-844-737-7826, by mail through USA Philatelic or at Post Office locations nationwide.*

Celebration Of Life Online Memorial Service

To honor the memory of loved ones in the community, Hope Hospice is hosting a Celebration of Life Memorial Service online on Sunday, June 5 at 2 p.m. Friends and families are invited to participate in this virtual gathering that is appropriate for all faith traditions. There is no charge to attend.

To RSVP, visit www.hopehospice.org/rsvp before Tuesday, May 17. When you have completed your registration, you

will receive a confirmation by email. For more information, contact Bereavement Services Manager Michelle Milita at 489-9189.

With more than 40 years of experience as a local, not-for-profit healthcare organization, Hope Hospice provides comfort for people in life’s closing chapter. A compassionate team of staff and volunteers offers practical, spiritual and emotional support for the entire family. For more information, visit www.hopehospice.org.*

See Lunar Eclipse At Observatory

Sky gazers can view the lunar eclipse at the James & Barbara Moore Observatory on Sunday, May 15. The lunar eclipse will take place on Sunday, May 15 from 11:30 p.m. to 1 a.m. The observatory will be open from 9 p.m. to 1 a.m.

Telescopes will be available for public viewing, and visitors are encouraged to bring their own binoculars. The viewing is free and open to the public. The event is weather permitting.

The James & Barbara Moore Observatory is located on the Florida SouthWestern State College (FSW) Charlotte Campus at 26300 Airport Road in Punta Gorda. For more information or for a full schedule of observatory events, visit www.fsw.edu/charlotte/observatory.*

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From left, Jenna Persons, Mulicka Armor Persons and Judy Persons photos provided

Shine Benefit Raises Funds For Hope Healthcare

The 2nd annual Shine fundraiser brought in \$477,000 to benefit Hope Healthcare. On April 1, more than 400 guests gathered at Edison Ford Winter Estates to support Hope's mission to provide care for those who are in life's closing

chapter, for all who are grieving and for seriously ill children and their families. At the sold-out event, guests enjoyed riverside cocktails, dining, entertainment and a live auction. Samira K. Beckwith, president and CEO of Hope Healthcare, was joined by returning hosts, State Representative Jenna Persons-Mulicka and Lizbeth Benacquisto. Shine committee members included Rebekah Barney, Noelle Branning, Rachel Busch, Lillian Canfield, Zannon Garza, Laurie Moore,



From left, Craig Hansen, Lizbeth Benacquisto, Vanessa Tyler and Brandon Tyler

Amy Thibaut and Vanessa Tyler. "The outpouring of support received from our community, sponsors and committee members is inspiring and vital to our mission," said Beckwith. "This generosity allows Hope to provide the care that people need, not just the care that is funded by insurance. These donations will touch the lives of many who need Hope." Shine was presented by title sponsor The Robert J. Gunterberg Foundation

and supported by top-level sponsors including Busey Bank, Cypress Cove/Cypress at Home, DeAngelis Diamond, The Galloway Family of Dealerships, LSI Companies, The John E. & Aliese Price Foundation, Priority Marketing and Stilwell Enterprises & Restaurant Group. For more information about Hope Healthcare, including programs such as Hope Hospice and Hope Kids Care, visit www.hopehcs.org.✧

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Service 10:30 a.m. in house and live on Facebook. Adult Ed Forum 9:15 a.m. in Sanctuary, www.allfaithsuo.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE

Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM

Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflife.org

crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 9 and 11 a.m. English, 10 a.m. Spanish. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST

Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS

11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD

Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m., www.saintnicholasmonast

[ery.org](http://www.ery.org), 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER

Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL

Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Saturday 5 p.m.; Sunday 8, 9:30 and 11 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press@islandsunnews.com or call 395-1213.✧

Plant Smart

Shoreline Seapurslane

by Gerri Reaves

Native shoreline seapurslane (*Sesuvium portulacastrum*) is a mat-forming succulent of the fig-marigold family, also called the iceplant or carpetweed family.

The smooth reddish stems are prostrate and branching, rooting at the nodes. In the wild, it's found at beaches, dunes, fresh and saltwater marshes, and the edges of coastal wetlands.

This species is valuable in restoring and stabilizing coastlines.

This hardy wildflower endures full sun and will grow in nutrient-poor soil.

Find the right sandy spot for it and you'll have a pretty low-maintenance groundcover that is highly salt and drought tolerant.

A moderate to fast grower, it reaches a half-foot to a foot high with stems eight to 20 inches long.

The fleshy stemless evergreen leaves are opposite and roughly oval but elongated with clasping bases. They measure up to two inches long and are about a half-inch wide.

They have a somewhat salty taste, are edible and are high in vitamin C.

The solitary flowers of about a half-inch across are borne in the leaf axils.



This native wildflower blooms year-round but for only a few hours a day

photos by Gerri Reaves

The five pink to purplish petals – actually sepals – have pointed tips and greenish undersides.

The 30 or so stamens enhance the star-like appearance.

The flowers bloom year-round and attract native bees and butterflies, although they open for only a few hours a day. The plant is a nectar source for the Miami blue butterfly.



Shoreline seapurslane's mat-forming habit makes it useful in coastal restorations. This native wildflower blooms year-round but for only a few hours a day.

A tiny conical capsule contains 30 to 60 glossy black seeds.

Propagate it by division, root cutting, or seed.

This herb is used for human and animal food and also has many medicinal uses.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *The Guide to Florida Wildflowers* by Walter Kingsley Taylor,

Native Florida Plants by Robert G. Haehle and Joan Brookwell, *Wild Plants for Survival in South Florida* by Julia F. Morton, www.flawildflowers.org, <http://floranorthamerica.org>, www.fnps.org, <https://hawthornhillwildflowers.blogspot.com>, <https://hort.ifas.ufl.edu>, and www.regionalconservation.org.

*Plant Smart explores the diverse flora of South Florida.**

Contract For Water Quality Projects Ratified

The Lee Board of County Commissioners have approved a contract to maintain 13 filter marshes throughout the county that were created as part of the board's ongoing commitment to water quality.

The contractor, North Fort Myers-based Woods & Wetlands Inc., will provide continued maintenance of previously constructed water-quality improvement projects. Maintenance includes the removal of exotic vegetation, overgrowth and sediment. Continual maintenance is a permit requirement and

ensures the water quality improvements function as intended.

Filter marshes use plants and settling ponds to clean stormwater of pollutants and provide habitat for wildlife while beautifying the landscape. Filter marshes do not require the use of chemicals and need little, if any, energy to operate. They purify stormwater before it enters local waterways.

The filter marshes included in the maintenance contract include Six Mile, 10 Mile Canal-D, Briarcliff, Fichter's Creek, Gator Slough, Halfway Creek, Lakes Park Filter Marsh, Nalle Grade, Palmona Park, Popash Creek, Powell Creek, Prairie Pines and Yellow Fever Creek.

For more information about filter marshes and Lee County's water quality initiative, visit www.leegov.com/water.*

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Tarpon Tales



by Capt. Matt Mitchell

Most of last week was very close to what I would call perfect tarpon conditions. Light winds and calm mornings made locating happy tarpon easy. Being

able to read the movement of pods of fish and position the boat to have shots at them as they slowly went by is what tarpon fishing is all about. No matter how many times I see these tarpon rolling and free jumping, it will never get old. Unfortunately, by the end of the week, winds and rain made finding these fish next to impossible for a couple of days.

Tarpon can be caught at anytime, but there is something very special about being the first boat on these fish as the sun slowly rises. Without any other boats pressuring them, tarpon are less spooked and you get more shots at them. Year after year, these fish return to the same places again and again. Knowing where to look day to day only comes with time, although once you find one of these tarpon highways, it is guaranteed they will return.

When you locate tarpon, you will be more successful if you let the fish approach you rather than racing around and bombing them with baits. Running a trolling motor on low at one consistent



Tarpon comes boatside for a leader touch

speed will allow you to get closer to them. When casting at these pods, chains or strings, the key is to put the bait where you think they are going and

photo provided

not landing a bait right on them as they spook. Anticipation and frustration collide as these amazing fish roll all around your bait. Some days, you can throw at these

fish over and over without a bite, while other days, it just takes one well-placed cast to hookup. Why one group of tarpon will eat while others refuse a bait is unknown.

When conditions aren't so perfect, tarpon fishing requires going to one of these highly travelled highways and setting up. Over the years, I have put marks on my GPS of what I call confidence spots. I will set up and fish these places with both cut baits and live baits to increase the odds of a hookup. Anchoring from the bow makes the boat a little quieter when its choppy. Run two cut baits out of the back and put them in the rod holders then throw live baits under a float out the sides. Make long casts with the live baits and let them slowly drift. With multiple rods out when you do hook up, things can get pretty chaotic until the multiple lines are cleared and out the way.

Tarpon fishing requires staying focused even during hours of what can be described as boredom. When you do get that hookup, things get crazy quick. In a perfect world, we would get to sight fish these tarpon every trip. Unfortunately, most days don't give us perfect conditions and soaking baits is what it takes. Day in day out, cut bait fishing – while not glamorous – catches tarpon when sight fishing is not an option.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

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Boat Ramp To Close Temporarily

Davis Boat Ramp (2227 Davis Boulevard in Fort Myers) will close Monday, May 16 through Monday, July 18, for routine maintenance and repairs. The ramp is expected to reopen at 7 a.m. Tuesday, July 19. Boaters can use nearby Alva Boat Ramp (21580 Pearl Street in Alva).

Following completion of that project, the Matlacha Park Boat Ramp (4577 Pine Island Road, Matlacha) will close for maintenance and repairs. That closure will begin Wednesday, July 20.*

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CROW Case Of The Week:
Fish Crows



by Bob Petcher

The fish crow (*Corvus ossifragus*) is a solid black bird that can look very much like the American crow as they are both standard crow size with heavy bills, sturdy legs and



Patients 1977, 78, 79 and 80 will need to be relocated after supportive care, nutrition, and survival and flight training

photo by Haillie Mesics

broad wings. Both species can be found along the eastern part of the U.S. as well.

The fish crow can generally be found around water – hence the name – and is more apt to feed on anything, including fish. Another way you can usually tell the two crows apart is by their calls. The American crow is more ear-piercing with its “caw-caw” sound, while the fish crow is more nasally with its “uh-uh” sound or sometimes a nasalized “caw-caw-caw” sound.

At CROW, four nestling fish crows were admitted to CROW after their nest was removed from a construction crane in Port Charlotte. Upon examination, the crows were severely dehydrated, thin and cold.

“Based on the nature of their case, they were unable to be put back. When a nest is removed from a construction site, it’s not necessarily a safe place for the babies to return to and any re-nesting

option would have been too far from the original site for it to succeed,” said Crow Rehabilitation Manager Breanna Frankel. “In most cases, we try to keep babies with their parents for the best chance of survival but these four likely wouldn’t have made it in a construction site. It was a good idea to bring these four in since they were admitted in poor condition – thin, dehydrated, cold.”

The patients will be raised per protocol and will continue to be monitored under supportive care.

“Fish crows habituate to people very

easily, so we must prevent that at all costs if we want them to be able to be released,” said Frankel. “Nestling fish crows require feedings every hour from 7 a.m. to 7 p.m. As they grow bigger, the feeds become more spaced out, and they eat more at each feed. When they transition from nestlings toward fledglings, we introduce enrichment, various perch options and natural food options as well.

“They are receiving a base diet of soaked puppy chow – a specific type – as well as protein, fruits and vegetables. They are not on any medications, but

they do receive vitamin supplements on their food every day. Aside from feeds, they don’t require much other care.”

The admittance from Port Charlotte was a bit further away than some recent cases.

“We regularly take patients everywhere from the Clewiston area to Marco Island,” said Frankel. “There are some patients that miss migration up north and are put on a plane to be delivered to us to continue rehabilitation, then released into their flocks as they migrate through.”

The four small nestlings will need to spend some time at the clinic, but they are growing quickly and doing well overall.

“Fish crows take about six weeks to fledge and then may get fed by their parents for another month or so,” explained Frankel. “We need to ensure we give them a similar amount of time while teaching them about natural food sources and foraging. In total, it may be two and a half months in rehabilitation if they come in soon after hatching. Of course, they will go through flight school, but the most important knowledge for them will be that of survival – hunting, foraging and learning about predators.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



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Local Girls On A Mission To Bring Hope To Ukraine

by Allison Havill Todd

While much of the world has been watching in horror as Russia inflicts devastation and destruction on Ukraine, two young girls are doing what they can to offer hope to the child refugees of Ukraine.

Emma Kithcart and Adree Brann, both in the fourth grade at Villas Elementary School in Fort Myers, first started their hobby of crafting handmade bracelets when they were in second grade. The unique wristwear consisted of colorful beads and rubber bands along with crosses and inspirational words. Little did they know that what began as a fun, creative pastime would end up spreading a positive message of hope to many young Ukrainians seeking shelter from the bedlam of the Russian invasion on their homeland.

They started selling their bracelets for fun at an art show on Sanibel where one of the girl's grandmothers, local artist JoAnn LaPadula, shared a portion of her booth space for the girls to show their wares. Recently, the bracelets caught the attention of a local islander, Monica Fry, who ordered 100 bracelets with the intention of getting them in the hands of Ukrainian child refugees as a symbol of support. Within just a few days, Fry was able to coordinate transport of the bracelets with retired nurse practitioner



Emma Kithcart and Adree Brann displaying their wares

Barbara Grogg and her husband, retired physician Dr. Stanley Grogg, who has been doing missionary work in Ukraine since 2018. The couple arranged to send a package to the refugees through a ministry group in their network.

The girls were overwhelmed with enthusiasm for such a large order and enlisted the help of other children at their church to assist in assembling the bracelets. With much care and attention, the girls went to work on making these special bracelets, each with its own unique

design, incorporating colorful beads and inspirational words such as "love," "miracle" and "hope." They then went on to donate an additional 100 bracelets to the cause; each one containing a sticker with a positive message.

When asked what led them to commit so much time to this project, Emma and Adree shared, "We want to spread hope because we know people are having a hard time. Every little bit helps."

It is uplifting to see two youngsters focus on offering some positive influence



The girls design their bracelets to include inspirational messages

during a time of such strife. Apparently, the idea has become contagious, as it sounds like the young duo may have some other orders to fulfill with the same purpose in mind. Other interested parties may visit their website to view bracelets and to place orders: www.choosehappybracelets.com.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and [facebook.com/thedoggiemom](https://www.facebook.com/thedoggiemom).

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From page 2 Historic Downtown



This photo, taken around the turn of the twentieth century, shows a modern dental office photo courtesy SWFL Historical Society

the following two research centers to learn more about the town's first dentists.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue,

adjacent to the Williams Academy Museum at Roberto Clemente Park.

Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org.

Also stop by the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society, the Fort Myers Press, *The Story of Fort Myers* by Karl H. Grismer and www.ada.org.

Black History Society Movie

In celebration of Emancipation Day in Florida on May 20, the Lee County Black History Society is offering free screenings of *Invisible History: Middle Florida's Hidden Roots*.

The movie will be shown in the park on Friday, May 13 at 7 p.m., and in the community room at the park on Saturday, May 14 at 3 p.m. Space for the showing in the community room is limited, and participants should pre-register at 332-8778 or at blackhistory@leecountyblackhistorysociety.org.

On Friday, May 20, the movie will be shown at the Dunbar Community School at 6 p.m.

Invisible History: Middle Florida's Hidden Roots sheds light on the little-known history of plantations and the enslaved in North Florida.

"This movie and other activities planned with partner organizations to commemorate emancipation in Florida and the United States are important to the complete understanding of our community and our culture," said society Chairman Charles Barnes.

Emancipation from slavery was proclaimed in Tallahassee on May 20, 1865, 11 days after the end of the Civil War, and two years after the proclamation first issued by President Abraham Lincoln freed those enslaved in southern states. The movies lead up to Juneteenth, the oldest nationally

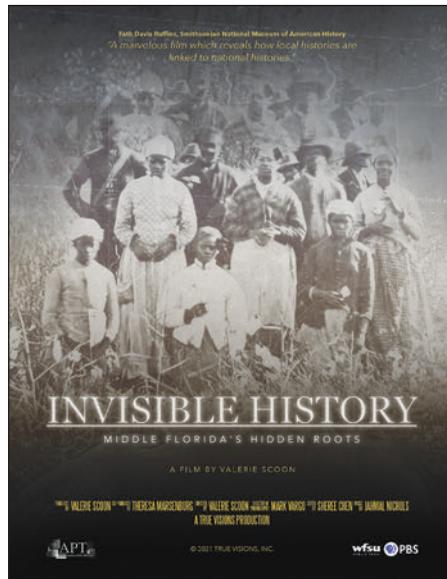


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celebrated commemoration of the ending of slavery in the United States and a federal holiday.

The society will join with the Dunbar Festival Committee in the Juneteenth Community Festival's Family Day in the Park at Roberto Clemente Park on Saturday, June 18 from noon to 6 p.m.

Roberto Clemente Park is located 1936 Henderson Avenue in Fort Myers. Dunbar Community School is located at 1857 High Street in Fort Myers. For more information, contact the Lee County Black History Society at 332-8778 or at blackhistory@leecountyblackhistorysociety.org.

Ceremony For Transfer Station

The official groundbreaking of the South Fort Myers Transfer Station and Park & Ride will take place at its 13182 South Cleveland Avenue location on Friday, May 20 at 10 a.m.

The ceremony will feature brief remarks by Lee Board of County Commissioners and other officials. The site is adjacent to the Lee County Elections Center South Fort Myers Branch Office, across the street from the Bell Tower Shops.

The project will provide seven covered bus berths, ADA-accessible restrooms, custodial and electrical facilities and a technology room, as well as ADA

accessibility improvements that will provide a higher level of service, security and comfort for LeeTran passengers and employees.

Construction is expected to take about a year. The budgeted project cost is about \$7.9 million. A portion of the project is funded through grants from the Federal Transit Administration and the Florida Department of Transportation.

The new facility will replace two bus shelters located on Bell Tower Drive.

For schedules or to learn more about LeeTran, visit www.rideleetrans.com or call 533-8726 and press option 1, or email rideleetrans@leegov.com.

To attend the ceremony virtually, visit www.facebook.com/leecountyflbocc to watch on Facebook live.



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Mental Health First Aid Training For Adults

May is Mental Health Awareness Month (MHAM). In recognition, Florida Department of Health in Lee County (FDOH Lee) will provide Adult Mental Health First Aid (MHFA) training at Pondella Clinic on Friday, May 20 from 8 a.m. to 5 p.m.

This free training event is open to the public, nonprofits and faith-based organizations in Lee County. FDOH Lee will provide training manuals to each participant for this course. Space is limited, and registration is required. There will be small breaks and a lunch break during the day. However, lunch will not be provided.

MHFA teaches participants how to recognize signs of mental health or substance use challenges in adults ages 18 and older, offer and provide initial help and guide a person toward appropriate care if necessary.

Attendees should expect to learn how to respond to both crisis and non-crisis situations with the following MHFA Action Plan (ALGEE):

- Assess for risk of suicide or harm;
- Listen non-judgmentally;
- Give reassurance and information;
- Encourage appropriate professional help; and
- Encourage self-help and other support strategies.

Upon completion, attendees will receive a certificate. Participating professionals can use this certificate for continuing education credits.

For more information on the upcoming MFHA training, contact Amanda Evans, MPH, health education program consultant, at amanda.evans@flhealth.gov or call 332-9501.

Pondella Clinic is located at 83 Pondella Road in North Fort Myers. To register for the training, visit <https://forms.gle/oNvPKgw4UZVRHKWg8>.

Low Cost Services At Dental Clinic

Want to get your teeth cleaned and support student learning? The Dental Hygiene Clinic at Florida SouthWestern State College (FSW) is currently accepting patients during summer hours from 8 a.m. to 5 p.m. through June 23. The clinic is located in Building A on the FSW Lee Campus, 8099 College Parkway, in Fort Myers.

The FSW Dental Hygiene Clinic provides low-cost dental services including examinations, cleanings, x-rays and dental sealants performed by FSW dental hygiene students under the guidance of professional FSW dental hygiene faculty. Cost is \$30 for children ages 17 and younger and \$50 for adults.

For more information or to schedule an appointment, call the FSW Dental Hygiene Clinic at 985-8334.

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Book Review

A Man Of Honor

by Di Saggau



One of my all-time favorite books is *A Woman of Substance* by Barbara Taylor Bradford, published in 1979. It has sold over 30 million copies worldwide.

Now she has a prequel to that dazzling saga, *A Man of Honor*, which opens five years earlier.

Thirteen-year-old Blackie O’Neill is facing an uncertain future in rural County Kerry. He has just buried his sister, and orphaned and alone, he must leave his home to sail for England looking for a better life with his mother’s brother in Leeds.

There, amid the noise and bustle, the mills and manufactories of the clothing industry that have made Leeds one of England’s most prosperous cities, Blackie’s ambition becomes a dream. Working in his uncle’s business, he dreams of building houses and becoming a gentleman. Then, high on the Yorkshire moors, in the mists of a winter morning, he meets a kitchen maid called Emma Harte. Together, they seize a chance to build a better life and move up in the world.

Blackie and Emma are driven,

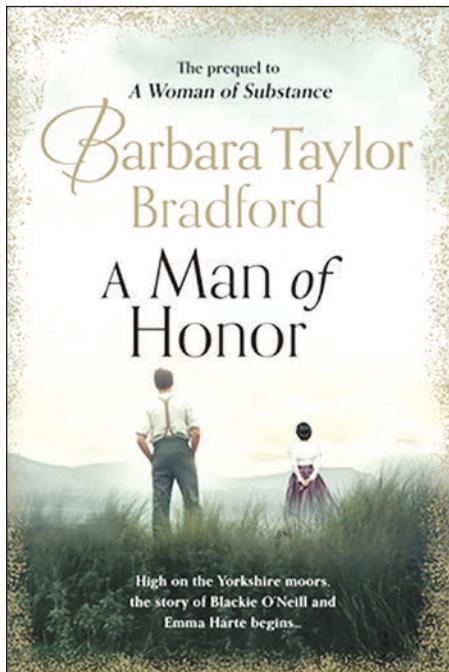


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ambitious, disciplined and determined to make it to the top. Both are unforgettable characters for the millions who loved *A Woman of Substance*.

A Man of Honor is about an ambitious factory worker and a beautiful kitchen maid who start an exciting new life together.

The New York Times calls it, “an extravagant, absorbing novel of love, courage, ambition, war, death and passion.”✱

School Smart

by Shelley M. Greggs, NCSP



Dear Shelley, My son is in second grade, and he’s doesn’t seem to enjoy math. His grades are OK, but he will avoid math if he can. He won’t do workbooks or

play math games on the computer. Do you have any other ideas of what I can do with him to help him like math more?

Joy S, Fort Myers

Joy,

Many children don’t feel secure with their math skills. They can perform basic functions, but they haven’t yet developed strong problem-solving skills and number sense. Both are skills that are necessary in solving basic math operations and more complicated ones as they get older. Number sense is the ability to understand what numbers mean, how they relate to one another and how they can be used in real-world situations. Typically, eight-year-olds are working on adding and subtracting with more sophisticated strategies, like “counting on” from the higher number for addition, or base-10 facts to compose or decompose numbers. Two-digit addition and subtraction are being explored too.

Here are four quick and easy games to play with your child that will help to increase problem solving skills and number sense:

This easy game can help your child memorize her subtraction math facts by figuring out “What’s Hiding?” Start with 20 pennies (or other counters, like beans or buttons). Have your child cover his eyes and take a certain number away, hiding them out of sight. When your child figures out how many were taken away,

write it down as a math fact (such as, $20 - 7 = 13$). Take turns hiding objects to practice more math facts.

While cutting up food to share, ask your child to help. For example, when cutting a pizza, ask how it should be divided into halves – two pieces. Then ask how it should be divided into fourths – four pieces. Have him figure out how to cut it into eight equal slices, and then point how four out of eight slices is the same as half of the pizza.

Playing with dominos is a great way to have your child practice subitizing and adding at the same time. Subitizing is the ability to look at a group of objects and instantly know how many there are. Have your child pick a domino and then ask for the sum of the two sides — in other words, ask her to add the two sides together. If one side has three dots and one side has five, she would say, “ $3 + 5 = 8$.” Then flip the domino around, creating the number sentence $5 + 3$, instead. It still equals 8! Before long, your child will discover the commutative property of addition — that no matter what order the two numbers are in, they still add up to the same total.

Help your child practice adding multiple numbers with a do-it-yourself bowling game. Use 10 empty soda cans, toilet paper rolls, or water bottles to create bowling pins. Label them 1 through 10. Using a small ball, have your child try to knock down the pins from a distance. To keep score, have your child add up the numbers knocked down. The person with the higher score wins the game.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.✱

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THOMAS P. HALL

ROBIN C. TUTHILL, EDITOR

“More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike.” - Amy Bennett Williams

From page 1

Third Grader

Welborn, Enzo’s teacher at FMCS. “It is so neat to see his love for reading and how he tries to inspire his classmates to love reading as well. Ms. Paula has done an amazing job making books come alive for him. I cannot wait to see what he will continue to achieve as he moves forward.”

Enzo’s love for reading and his academic drive are matched by his heart to serve, as demonstrated by the way he turns every birthday into a chance to raise funds for the Gulf Coast Humane Society.

“The determination of this young man as he hurdles over the obstacles in life has shown me that he will be nothing but bigger and better,” said Jo Weber, Enzo’s tutor and former teacher. “When you start life fighting to survive, your path can go one of two different ways. Enzo has chosen to strive for excellence personally, academically and spiritually. His heart is full of compassion and generosity. He is strong and courageous, reflecting his favorite Bible verse from kindergarten,

Joshua 1:9. Enzo will use the loss of his dad as the driving force in his project. He is committed to making a difference. He is amazing.”

The family now seeks to give back again, this time in memory of Bill and in honor of FMCS, where Enzo has made tremendous academic progress. Two FMCS kindergarteners will be the first recipients of scholarships from the DeCicco Project, which aims to help deserving people in need ascend from challenging circumstances.

“Enzo’s story is incredible,” said FMCS Principal Mel Mitchell. “This is just another chapter for a young man that dreams big, sets goals, works hard and has a dedicated, loving team around him. We are proud of him at FMCS.”

For more information about the DeCicco Project, visit www.thedeciccoproject.org.✱

Read us online at
www.IslandSunNews.com

Will Power

Court Finds Beneficiaries Must Submit To Drug Tests



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

A Nevada case decided in 2021, *In re Giannotti 1990 v. Premier Trust*, held that a court can order trust beneficiaries to submit to drug testing before receiving distributions. I found this case interesting and thought my readers would as well.

William and Mary Giannotti (the Settlers of the trust), had one daughter, Paula. Paula had two adult sons, William and Brad (the brothers). Paula's son William had two adult daughters and Brad had one adult daughter. After the deaths of the elder William, subtrusts continued on for Mary's benefit. Mary died, and her daughter Paula died less than 30 days later. The trusts for the Giannottis and Paula then became trusts for Paula's sons, William and Brad, and their daughters.

There was controversy whether the subtrusts were correctly funded, and whether upon Paula's death separate shares should have been established for William and Brad. The bank trustee had discretion to make distributions to William and Brad for their health, education, maintenance and support. The bank as trustee provided the brothers regular monthly stipends and living expenses from the trust.

The brothers continuously challenged the amount of the discretionary distributions and raised concerns that the trustee was mismanaging the trust investments. After two years of escalating disputes between the trustee and the brothers, the trustee filed a petition with the district court to approve its prior actions and accountings. The brothers objected. Their counsel withdrew.

The brothers then retained new counsel to challenge the actions. The brothers terminated their new counsel and sought to proceed pro se (representing themselves without an attorney).

The trustee moved for a protective order, alleging that the brothers had provided them with the incorrect addresses for their own daughters, who were rightful parties to any accountings since they were also entitled to distributions. The bank further alleged that the brothers threatened their employees.

Both the daughters and the trustee submitted affidavits stating that they feared retribution from the brothers for their participation in this case. Additionally, the daughters' affidavits stated that the brothers deliberately concealed the nature of these proceedings from them and represented that the brothers frequently used methamphetamine.

The district court granted the protective order, and urinalysis revealed that both

brothers tested positive for methamphetamine. The brothers hired new counsel. The bank trustee filed a second petition for instructions, which contained three alternative distribution plans to address its concerns regarding the brothers' purported addiction to methamphetamine.

The parties signed a stipulation and order providing that the trustee would deliver the brothers' regular monthly stipends to their counsel's trust account and that counsel would deliver the stipend to them upon completion of a random urinalysis drug test, if the test was negative for all illegal drugs. If either of the brothers refused to participate in the drug test, the stipend would be withheld for that month.

The district court found that the brothers have "an intemperate and aggressive style that alienates others" and further found that drug testing was necessary as the trustee's ability to make discretionary distributions under the trust was based on the beneficiaries' health and character – attributes directly influenced by the brothers' troubles with substance abuse. The court further determined that the terms of the trust do not allow the trustee "to fund a destructive drug-influenced lifestyle" and stated that the court will work with the trustee and the (brothers') attorneys to craft a distribution plan that prioritizes addiction recovery.

An appellate court unwound various trust transactions that occurred after the death of the elder William and during his wife Mary's lifetime. It also upheld the district court's finding that the brothers' daughters were current beneficiaries of the trust. The court further held that while the trustees are instructed to utilize trust income and principal primarily for the benefit of the brothers, that is not mandatory, and nothing in the trust prohibits the trustee from making discretionary distributions to the brothers' daughters, even during the brothers' lifetimes.

Importantly, the court found that the trial court did not abuse its discretion in requiring the brothers to submit to drug testing and approving the trustee's decision to withhold trust funds based on positive drug test results. The brothers presented no cogent argument that the court did not have the authority to order drug testing outside of child custody and criminal matters. Contrary to the brothers' assertions, the terms of the trust expressly authorize the trustee to provide discretionary distributions to the brothers in amounts "either more or less than any other Descendant as (the trustee) deems advisable because of variations in health, character, education, or other requirements."

In ordering the brothers to undergo drug testing, the district court found the tests were necessary to aid the trustee in exercising its discretion when providing distributions to William and Brad.

Moral of the story – if you suspect beneficiaries have drug problems, make sure your attorney writes provisions into the document that clearly provide the trustee to suspend distributions or make distributions to other beneficiaries if beneficiaries with addiction problems fall off the wagon.

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All Hazards Guide Now Available

The Lee County All Hazards Guide is updated for 2022 and is available for Lee County residents and visitors.

Copies of the guide can be found at libraries (www.leegov.com/library/branches) and the Lee County Administration Building, located at 2115 Second Street in Fort Myers. View the guide online by visiting www.leeec.com.

The all hazards guide contains information needed to be prepared for natural disasters, including hurricanes. The guide contains contacts for resources and provides checklists and steps to follow to be prepared in case of an emergency evacuation.

The guide also is available in both Spanish and Haitian Creole.

National Hurricane Preparedness Week began May 1. Follow Lee County Public Safety on Facebook at www.facebook.com/leepublicsafety for more information on being hurricane ready.

In addition to the All Hazards Guide, Lee County Emergency Management will host hurricane preparedness seminars. If you are interested in attending one of these seminars, you can review the calendar at www.leeec.com. In the News sidebar on the right, click on "Hurricane

Preparedness Seminars Open to the Public."

Lee County Emergency Management has two additional tools to help residents prepare for and be aware of hurricanes and other emergency situations – the LeePrepares app and the AlertLee system.

The LeePrepares app – available in Google Play and the App Store – will be updated this month and assists individuals and families with preparing for and recovering from all types of disasters that may affect the community.

Features include:

- GPS functionality for locating the user's evacuation zone;

- Real time information from the Emergency Operations Center (EOC) on shelter openings, with mapping/directions and hurricane evacuations;

- Current emergency (EOC) activation level;

- Recovery information on re-entry, curfews, points of distribution and coping with disasters;

- Links to special needs registration for those with special medical needs, and/or transportation needs during an evacuation;

- Family disaster plan and emergency supply list;

- American sign language disaster preparedness videos; and

- Current local weather and hazardous weather outlooks.

AlertLee is an emergency notification system that allows registered users to receive telephone, text, and/or email alerts related to natural or man-made emergencies.

The AlertLee system will be used when an emergency arises that you should know about. Severe weather situations, missing persons, evacuation notices, boil water notices, fire or floods and active shooter situations are a few examples of the type of events that may warrant a notification.

To sign up, residents should go to www.alertlee.com, select their municipality or unincorporated Lee County and complete the registration steps. Additional resources can be found by visiting the Lee County Emergency Management website at www.leeec.com.✧

Check Presented For Volunteer Appreciation

Kee Lee County Beautiful, Inc. (KLCB) presented Lee County commissioners a ceremonial check in the amount of \$307,030.52 in honor of volunteer appreciation month. The check represents the value of service hours Keep Lee County Beautiful

volunteers gave back to the community in 2021.

Since 1989, KLCB has provided opportunities for meaningful service to Lee County residents of all ages. As a volunteer-based, 501(c)3 nonprofit organization and certified affiliate of Keep America Beautiful, KLCB develops partnerships with local governments, businesses, schools, nonprofits and neighborhood organizations to turn public spaces into beautiful places.

Cleaning public spaces, parks, neighborhoods and shorelines is only part of the picture; it is also about people working with people for the betterment of local communities. KLCB provides volunteer opportunities that develop individual responsibility and environmental stewardship. Through hands-on participation, people are motivated and inspired with an environmental focus that develops into a true sense of pride and ownership. People feel empowered while volunteering with KLCB because they immediately see the difference they are making in the health and appearance of their surrounding community.

Keep Lee County Beautiful applauds volunteers and their dedication and hard work to help protect and preserve the environmental health and natural beauty of the places residents call home. Visit www.klcb.org or call 334-3488 to find out how to get involved and support KLCB and their efforts.✧

Superior Interiors

Dress Up Your Guest Bathroom



by Linda Coin

Excited to host friends and family in the upcoming months? A perfect way to welcome visitors to your home is to ensure your guest bathroom is decorated and styled to make them feel right at home. Even if your guest bathroom is smaller, it doesn't have to be boring. All you need is the right furniture, decor and imagination to get the guest bathroom perfectly dressed up for your loved ones.

Add plants and nature to your space. Plants can instantly add color and warmth to any space, without taking up a lot of room. Beyond that, they help set up a calming environment for relaxation... perfect for visiting family and friends. To make them last, be sure to choose hardy plants that thrive in humidity. Sound like too much hassle? Opt for high quality faux plants that match your style without the additional care needs.

Include lots of storage space. The perfect guest bathroom has all of your overnight visitors' toiletry needs tucked away for easy access. Great examples

of storage decor ideas include shelves, freestanding cabinets and woven baskets. If you don't have much floor real estate, floating or built-in shelves can instantly add more storage space without cluttering the floor. Similarly, stackable baskets can be easily tucked away under sinks and on shelves to hold your guest's items.

Play with your flooring. If you want to try something new, pick bold colors or patterns to showcase with tile flooring. If you have a specific color scheme or style, your tiles can emphasize this to create a cohesive look. For those who prefer a neutral or minimalist style, geometric tiles can elevate the space without conflicting with your current design. This is the perfect space to experiment and play with unique decor for your interior design goals.

Create an art gallery wall. Art is a great way to showcase your personal style. Choose an assortment of prints and frames that can be placed together on a wall to form your ideal gallery. This will elevate the guest bathroom while also making the space more inviting. If you're worried about humidity, metal and ceramic prints can withstand the high-moisture conditions of any bathroom.

Invest in high-quality towels. Want to go the extra mile? Choose towels, hand towels and washcloths that serve both a functional and decorative purpose. Highlight your favorite color scheme and patterns with folded or stacked towels that will wow your guests. After all, what's better than a cozy towel after a refreshing shower? And since they match

your bathroom aesthetic, you can even put them on display instead of tucking them away into a closet for storage.

Set up a statement wall. Designing a statement wall will instantly add depth and dimension to your guest bathroom. Some popular ideas include painting a two-toned wall or experimenting with

decorative wallpaper. Both are easy to incorporate into any bathroom and will instantly create a one-of-a-kind space for guests to relax.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coincoden.com.✪

Sanctuary Welcomes Fox To The Pack

Almost every day, Shy Wolf Sanctuary receives requests to assist captive raised exotic animals. Recently, the sanctuary was contacted by Gypsy's person because the eight-year-old red fox had recently lost her companion. Her owner felt that she was suffering from depression and wanted her to be around other animals for socialization. Adding to the stress, he felt that Gypsy may have been in danger from his neighbors.

Shy Wolf Sanctuary's founder Nancy Smith and executive director Deanna Deppen met Gypsy's owner on the East coast. Gypsy has received a full medical evaluation and is being treated for skin conditions but is otherwise healthy. Gypsy is currently being introduced to Shy Wolf's foxes Anja, Milo and George, who recently lost their companion Gracie.

Founded in 1993, Shy Wolf Sanctuary Education and Experience Center is



Gypsy the fox

photo provided

a private facility that can be visited by appointment only. In January 2001, Shy Wolf was formalized as a nonprofit organization with the goal of educating people about captive-bred exotic animal rescue in addition to helping more animals in need. For more information, visit www.shywolfsanctuary.org.✪

Lee Health Advances Its Robotic Program

Lee Health is introducing a first of its kind robotic surgery in Southwest Florida for minimally invasive spine and brain procedures. Lee Health has added the ExcelsiusGPS robot to its robotic-assisted surgery program, which features the most advanced technology in the field of robotic surgery.

The ExcelsiusGPS is the world's first revolutionary robotic navigation platform, combining a rigid robotic arm and full navigation capabilities into one adaptable platform for accurate alignment in spine surgery.

The new robot allows surgeons to provide the most up-to-date technology and skills to patients who need neurosurgery. Because the procedure is minimally invasive, patients generally experience less pain after surgery, have a quicker recovery and shorter length of stay in the hospital, and need less medication.

The procedure is performed entirely by a surgeon who controls the ExcelsiusGPS system. The instrument size on the robot makes it possible for surgeons to operate through one or a few small incisions. Also, the instruments are designed to give surgeons greater reach during surgery.

Surgeons are able to use the

ExcelsiusGPS to perform spinal surgery and procedures on the brain, including brain tumor removal, biopsies, placement of catheters, blood clot removal and managing symptoms of tremors.

"We are proud to bring this cutting-edge technology to Southwest Florida, so our patients can get the care they need close to home," said Dr. Michael Fromke, neurosurgeon and Lee Health's system medical director of the neuroscience service line. "Robotic-assisted surgery is a huge benefit to our patients at Lee Health, and by adding the ExcelsiusGPS to our program, fewer patients will have to leave the region to get this type of surgery."

In addition to the ExcelsiusGPS, Lee Health's robotic-assisted surgery program also features the da Vinci Xi Surgical System, which is designed to help surgeons perform minimally invasive surgeries, such as colorectal surgeries and unique surgeries in the areas of gynecology, urology, ear nose and throat and general surgery.

Since Lee Health began bolstering its robotics program, the health system has added da Vinci robots to all of its four acute-care hospitals, bringing the total number of machines from two to six.

Also, Lee Health tapped Dr. Fia Yi, a leader in the robotics medical field with more than a decade of specialized surgical experience, to serve as medical director of the system robotics program, a position that was created earlier this year to help grow the innovative program.✪

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Frankly Speaking



by Howard Prager

If you are a reader of this column, you know I like to report on firsts and rarely occurred feats in all of sports, with a nod to some of the traditional sports we love. Let's start with Fenway Park,

where something hadn't happened in over 100 years – since Babe Ruth – involving Shohei Ohtani, the only person I (and many others) compare to the Babe. Here's how the *Kyodo News* reported it. "Shohei Ohtani made the most of his pitching debut at Fenway Park on Thursday, striking out 11 in seven scoreless innings to lead the Los Angeles Angels to an 8-0 victory over the Boston Red Sox at Fenway Park. Ohtani became the first player to both start on the mound and bat high in a lineup at Fenway Park since Babe Ruth did it in 1919. Ohtani hit third in the lineup and went 2-for-4 with one RBI and a run scored." He went one better with 29 called strikes. Think about a tennis player hitting 29 aces, a goalie shutting out the other team, that's how good Shohei was, and is. Catch him while you can.

What a great, "once in a lifetime story" from the Kentucky Derby. Someone must have gotten the movie rights to it this past week, because it's remarkable, especially on the heels of last year's finish with Medina Spirit testing positive for drugs and the horse's

trainer, multi-derby winner Bob Baffert, suspended from Churchill Downs, The Preakness and Belmont Stakes. And then Medina Spirit dying from an apparent heart attack in December, which never was proven. Instead, we have a trainer who lost his barn and 23 horses in a fire just six years ago. Eric Reed thought he was done. He then got encouragement from lots of people, including some of the big guns in the sport, urging him to rebuild. So he did. Rich Strike, the 2022 Kentucky Derby winner, was bought for only \$30,000, chump change in the world of horse racing. Last year, Reed thought Rich Strike showed promise and told owner Rick Dawson that he could have a Derby horse. Dawson never had a share in more than six horses at one time. Although the Derby was never on his radar, if he had a chance, even a long one, he was all in. They prepared him as best they could, getting him to No. 24 and then down to 21. He came to the track every day to train. Then at 8:30 Friday, he was told he wasn't going to make it into the race. Nice try, close but not quite. They would begin planning for another race, the Peter Pan. Maybe pixie dust would help.

Just 15 minutes after being told he did not qualify for the Derby, a late scratch of horse number 20 brought that opening to Rich Strike at No. 21 within 30 seconds of the deadline for entry. This is already a feel good story. From almost losing it all in a tragic fire to having a horse contend in the Kentucky Derby. It was the longest of shots and the second longest odds of a Derby winner at 80 to 1. As Dana O'Neill of the Athletic wrote, "It was a brilliant ride by Leon, a 32-year-old Venezuelan who

had never won a graded race... until the first Saturday in May at Churchill Downs. Leon's been riding for Reed for two years, and as trainer and owner started to eye Rich Strike for the Derby, they had a talk a few months ago about the best jockey for the horse. The conversation was brief. Though other more well-known riders might have been available, the two never wavered, respecting Leon for not just his racing smarts, but also for how he's helped Rich Strike come into his own. The jockey did not disappoint, steering the horse out of the gate quickly to save ground, and then bidding his time through a blistering early pace before steering Rich Strike through traffic as if he were weaving a car through rush hour. While everyone else was eyeing a would-be race down the stretch between favorites Epicenter and Zandon, Rich Strike came up from the inside and barreled on through and across the finish line (first). Not since Donerail in 1911 has a horse finished with longer odds."

To see Reed and his father, Dawson and Leon all together in tears at the press conference not knowing what to say and do was one of those moments that gives us reason to watch sports. Just think, 1911 Donerail and 2022 Rich Strike. This will be a moment talked about forever in the annals of horse racing.

You may have seen this beautiful baseball moment on the news from the Yankees-Blue Jays game in Toronto last week. Again, I will quote from The Athletic and people involved. "In the sixth inning, Blue Jays starter Alek Manoah was facing Aaron Judge for the third time. On a full count, Judge sent a 96 mph fastball into the second

deck of the left-field stands. It landed right where Jays fan Mike Lanzillotta was sitting. Behind him was a 9-year old Yankees fan wearing – you guessed it – a Judge t-shirt. Lanzillotta said all game he was trying to get the fan a baseball. When he caught the home run from Judge, there was only one thing to do with it. He gave it to the young fan, Derek Rodriguez, a fourth grader. How did Derek feel when it happened? 'I said 'thank you' and hugged him a lot.' A Rogers Centre staff member also delivered a special Blue Jays gift package to Lanzillotta in recognition of his sportsmanship. He was blown away by that gesture and by the overwhelming response to his small act of kindness, one that clearly had a huge impact on the young fan. On Wednesday, Derek and his family and Lanzillotta were invited back to the Rogers Centre to watch Yankees batting practice. Afterward, Derek had the chance to meet and talk to Judge. He, of course, brought the home-run baseball with him, which Judge signed. Meanwhile, George Springer gifted a signed jersey of his own for Lanzillotta. 'That still gives me goosebumps to this day to see little kids wearing my number, wearing my jersey,' Judge said. 'That's something I dreamed of. I used to be in his position, that little kid rooting for my favorite players and team, so that was a pretty cool moment that I definitely won't forget.' Neither will we.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandnews.com.

Alligator Hunting Hours Extended, Airbows Added

Florida Fish and Wildlife Conservation Commission (FWC) Commissioners approved increasing hunting hours for the statewide alligator hunt and adding precharged pneumatic airbows to the legal methods of taking an alligator.

Increasing hunting hours from the current 17 hours a day to 24 hours a day on most areas will provide those with an alligator trapping license/alligator harvest permit seven more hours a day of hunting opportunity and more flexibility when scheduling hunting trips.

Adding precharged pneumatic airbows to the legal methods of take can assist hunters with mobility challenges and youth or smaller framed hunters who might have limited dexterity or strength. To be considered a legal take method, the airbow's arrow needs to be attached to a restraining line, which allows the hunter to safely gain control of the animal.

These new rules will take effect in time for the 2022 statewide alligator harvest season. Visit www.myfwc.com/alligator for more information.

This year, sustainable hunting opportunities will be offered at 128 AMUs (65 countywide AMUs and 63 specific AMUs). The FWC will be issuing over 7,300 alligator harvest permits through three random drawings and a final leftover phase.

The dates to apply for alligator harvest permits this year from 10 a.m. to 11:59 p.m. are as follows:

Phase I Applications – May 6 to 16;

Phase II Applications – May 20 to 30;

Phase III Applications – June 3 to 13;

Phase IV Leftovers – June 16 to October 14 (or until permits are filled).

Anyone who will be age 18 or older by August 15 and has a valid credit card may apply for alligator harvest permits at www.goooutdoorsflorida.com or in person at a license agent or tax collector's office. Learn more about the alligator harvest permit application process by visiting www.myfwc.com and clicking on "Limited Entry/Quota Hunts" under the "Buy and Apply" drop down menu and then clicking on "Statewide Alligator Hunt Permits."

The FWC offers several tools to help you with the application process. Find application worksheets, a harvest unit map and listing, and application tips by visiting www.myfwc.com/alligator and clicking on "Statewide Alligator Harvest Program."*

Graduation And Job Fair

The Southwest Florida Enterprise Center will host a graduation and community job fair on Thursday, May 19. The graduation will take place from 4 to 5 p.m. in recognition of students who have completed the Pre-Construction Train to Gain program. The community job fair will take place following the graduation from 5 to 7 p.m. and will include representatives from the Lee County School District, Ford Drywall & Stucco, SWFL Impact Partners, Goodwill Industries, B&I Contractors,

Skanska, Score and Small Business Development Center.

In March, Lee County's unemployment rate was 2.5 percent, the lowest since Dec. 2006.

"The Southwest Florida Enterprise Center is not only a hub for new business owners but also an avenue for future businesses to train to work on the business and not in the business," said Phyllis R. Calloway JD, director at the Southwest Florida Enterprise Center.

The Southwest Florida Enterprise Center is located at 3903 Dr. Martin Luther King, Jr. Boulevard in Fort Myers. If interested in attending, RSVP by May 13 to Jasmine Clark at jlark@cityftmyers.com or call 321-7087.*

SPORTS QUIZ

1. The Merseyside Derby is a rivalry match between what two English football clubs?
2. In 1979, New York Yankees manager Billy Martin was fired after getting into a bar fight with Joseph Cooper, a salesman of what confectionery?
3. What longtime NFL reporter and insider for ESPN was known as "The Professor"?
4. Wallace Wade Stadium is the home field of what university's football team?
5. Name the athlete, amputee and cancer research advocate who attempted to run a "Marathon of Hope" across Canada in 1980.
6. Three pitchers in Major League Baseball history threw unofficial no-hitters, having pitched eight hitless innings in losing efforts on the road. Who are they?
7. In ice hockey, what is the name of the shaded area directly in front of each team's goal?

ANSWERS

1. Everton and Liverpool. 2. Marshmallows. 3. John Clayton. 4. Duke University. 5. Terry Fox. 6. Silver King (1890), Andy Hawkins (1990) and Matt Young (1992). 7. The crease.

Doctor and Dietician

Salmon Health Benefits And Recipes



by Ross Hauser, MD
and Marion Hauser, MS, RD

Salmon is a great source of lean protein, vitamins, minerals and omega-3 fatty acids – DHA and EPA – which help control mood and behavior as well as reduce symptoms of attention deficit hyperactivity disorder (ADHD), reduce systemic inflammation and toxicity in the body, and provide

preventative measures against cancer and chemo-induced muscle loss, while also improving brain and cognitive function. Salmon is one of the healthiest foods that you could consume. The American Heart Association recommends that we consume at least two servings per week to help improve your health.

However, not all salmon is created equal. Much of the salmon available in the stores is not caught in the wild but bred in “fish farms.” Wild salmon is caught in natural environments such as rivers, lakes and oceans where the salmon eat naturally occurring food. Fish farms, however, feed salmon a processed, high fat, high protein diet to make them larger. Because of this, wild and farm salmon have nutritional differences.

Wild salmon often contains more minerals and is lower in fat. Studies show that farm-raised salmon tend to contain higher concentrations of contaminants such as PCBs, dioxins and synthetic compounds found in industrial/commercial processes. Some salmon farms will also use antibiotics in their fish feed – and this is not so tightly regulated, so it could be a concern when purchasing farm-raised salmon.

Both versions still contain the

beneficial omega-3 fatty acids and protein. But if you are trying to reduce your intake of contaminants, we recommend purchasing wild-caught salmon. Because wild-caught salmon is not always available in traditional grocery stores, many online sources have started selling it. We use www.wildalaskan.com, but many other options exist. The great thing about this type of option is that the salmon is cleaned, filleted and flash-frozen the same day it is caught in individual portion sizes that you can use right out of your freezer. Might be worth checking into something like this.

We love making salmon in many different ways; however, our favorite is to grill it and lay it on top of a delicious salad. There are many ways to dress your salmon: Here’s a recipe for Citrus Honey Grilled Salmon: 2 salmon filets, 2 tbsp. honey, 3 tbsp. lime juice, 1 tsp. garlic powder, ½ tsp. cumin powder, roughly chopped lettuce, chopped cilantro, 1 medium thinly sliced red onion, ½ medium thinly sliced red pepper, 5 tbsp. extra virgin olive oil (EVOO), salt to taste. Mix all seasonings together and rub into the salmon and let sit for 10 minutes. Heat oil in pan and quickly toss the onions and red pepper with a little salt

and pepper, then add salmon cooking 3 minutes per side. Serve with salad and drizzle with EVOO and lime juice.

Another favorite is to roast cherry tomatoes and veggies with EVOO, fresh herbs and garlic in a 400-degree oven for about six to eight minutes, then top with salmon filets. Marinate the salmon in a large handful of basil, parsley, cilantro, oregano, mint (or whatever you have) for 10 minutes prior to cooking, chop in food processor, add four to five cloves of garlic, ½ cup or so EVOO, pinch of salt and pepper, lemon juice and/or splash of wine vinegar and blend together. Cook the salmon atop the veggies for about six to eight minutes more.

Grilling salmon is a fast and delicious way to add more healthy fish into your weekly menu cycle. We make this at least once per week. Veggies plus salmon – does the body good.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

dearPharmacist

Mystery Liver Disease And Liver-Loving Herbs



by Suzy
Cohen, RPh

Dear Readers: We never think about our liver until it becomes inflamed or scarred, or it gets infected or overwhelmed and stops functioning properly. The most

common liver ailment is probably food poisoning, which leads to inflammation of the liver. This is called hepatitis in medical terminology.

There has been a sudden rise in children experiencing liver inflammation, and it’s happening across the United States. In other words, it’s not limited to a food outbreak in one state from a bad sandwich. The weird rise in hepatitis has attained global scale. This week alone, there have been more than 300 reported cases of hepatitis, spanning 20 countries.

The CDC is looking into causes for the terrifying uptick and disturbing trend in otherwise healthy young children. So far, the children impacted are very young, like age 5 and younger. The current thinking is that a virus is involved, one called “adenovirus.”

Regardless of the cause, it’s very sad to think about it, so today I’d like to help you understand what your liver does in simple terms, and how you can support good liver health.

Your liver is the largest organ in your body, aside from your skin. The liver

has the mundane task of secreting all sorts of chemicals that break down food, or medications, or synthetic dyes, hair color treatments, plasticizers and other chemicals. Its job is to clear out chemicals that don’t belong in your body. It is also the place where we make CoQ10, glutathione and catalase – three critical antioxidants that keep us healthy and thriving.

The more pollutants we encounter, or toxins we ingest, the harder our liver has to function. Some of the very first signs of an inflamed liver include vomiting, or a sensation of nausea along with itchy skin, a tummy ache and eyes that appear a little bit yellow. Furthermore, there could be weakness, fatigue, ankle swelling, abdominal pain or swelling, and a darker colored urine. Another less discussed but common first sign of hepatitis is a strange, bitter or “metallic” taste in the mouth.

Aside from the three antioxidants I mentioned above, the following are other ways to support the liver:

1. Milk Thistle – Contains silymarin, which is a strong liver antioxidant.
2. Artichoke Leaf – Contains cynarin, which helps clear out poisons.
3. Dandelion – A mild diuretic, popular as a tea and herbal supplement.
4. Yellow dock – Cleanses the liver and lymphatic system, and provides natural vitamin C
5. Beets – The reddish-purple pigments are great at reducing liver toxins.
6. Selenium – A mineral that helps your body make the liver antioxidant glutathione.
7. Phosphatidylcholine – Helps shuttle triglycerides and cholesterol out of the liver.

Talk to your physician about any herbs, teas or vitamins that you’d like to take because we all have an individual

response. These also may interact with your current supplement regimen so always seek professional opinions about making changes to your health regimen. If you’d like to read a longer version of this article, visit www.suzycohen.com.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

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THE RIVER

WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

- Emergency 911
- Lee County Sheriff's Office 477-1200
- Florida Marine Patrol 332-6966
- Florida Highway Patrol 278-7100
- Poison Control 1-800-282-3171
- HealthPark Medical Center 1-800-936-5321
- Ft. Myers Chamber of Commerce 332-3624
- Foundation for Quality Childcare 425-2685
- Fort Myers Beach Chamber of Commerce 454-7500
- Fort Myers Beach Library 463-9691
- Lakes Regional Library 533-4000
- Lee County Chamber of Commerce 931-0931
- Post Office 1-800-275-8777
- Visitor & Convention Bureau 338-3500

ARTS

- Alliance for the Arts 939-2787
- Arts For ACT Gallery & Studio 337-5050
- Barbara B. Mann Performing Arts Hall 481-4849
- BIG ARTS 395-0900
- Broadway Palm Dinner Theatre 278-4422
- Cultural Park Theatre 772-5862
- Edison Festival of Light 334-2999
- Florida Repertory Theatre at the Arcade 332-4488
- Florida West Arts 948-4427
- Fort Myers Harmonica Band 610-653-7940
- Fort Myers Symphonic Mastersingers 288-2535
- Gulf Coast Symphony 489-1800
- Harmony Chorus, Charles Sutter, Pres 481-8059
- Naples Philharmonic 239-597-1111
- The Schoolhouse Theater 472-6862
- SW Florida Symphony 418-0996
- Theatre Conspiracy 936-3239
- Young Artists Awards 574-9321

CLUBS & ORGANIZATIONS

- American Legion Post #38 239-332-1853
- Angel Flight 1-877-4AN-ANGEL
- Animal Refuge Center 731-3535
- American Business Women Association 357-6755
- Audubon of SWFL <https://www.audubonswfl.org/>
- Caloosahatchee Chapter DAR 482-1366
- Caloosahatchee Folk Society 321-4620
- Cape Chorale Barbershop Chorus 1-855-425-3631
- Cape Coral Stamp Club 542-9153
- duPont Company Retirees 454-1083
- Edison Porcelain Artists 415-2484
- Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
- FM UDC Chapter 2614 728-3743
- Friendship Force Of SW FL 561-9164
- Garden Club of Cape Coral 239-257-2654
- Horticulture and Tea Society 472-8334
- Horticultural Society 472-6940
- Lee County Genealogical Society 549-9625
- Lee Trust for Historic Preservation 939-7278
- Navy Seabees Veterans of America 731-1901
- Paradise Iowa Club of SWFL 667-1354
- Sons of Confederate Veterans 332-2408
- Southwest Florida Fencing Academy 939-1338
- Southwest Florida Music Association 561-2118
- Kiwanis Fort Myers Beach 765-4254 or 454-8090
- Kiwanis Fort Myers Edison 694-1056
- Kiwanis Fort Myers South 691-1405
- Iona-McGregor 482-0869
- Lions Club Fort Myers Beach 463-9738
- Lions Club Fort Myers High Noon 466-4228
- Lions Club Estero/South Fort Myers 898-1921
- Notre Dame Club of Lee County 768-0417
- Organ Transplant Recipients of SW Florida 247-3073
- POLO Club of Lee County 477-4906
- Rotary Club of Fort Myers 332-8158
- Sanibel-Captiva Orchid Society 472-6940
- United Way of Lee County 433-2000
- United Way 211 Helpline (24 hour) 211 or 433-3900

AREA ATTRACTIONS

- Bailey-Matthews National Shell Museum 395-2233
- Burrough's Home 337-9505
- Calusa Nature Center & Planetarium 275-3435
- Edison & Ford Winter Estates 334-7419
- Fort Myers Skate Park 321-7558
- Imaginarium Hands-On Museum & Aquarium 321-7420
- JN "Ding" Darling National Wildlife Refuge 472-1100
- Koreshan State Historic Site 239-992-0311
- Langford Kingston Home 239-334-2550
- Ostego Bay Foundation Marine Science Center 765-8101
- Skatium 321-7510
- Southwest Florida Historical Society 939-4044
- Southwest Florida Museum of History 321-7430
- True Tours 945-0405

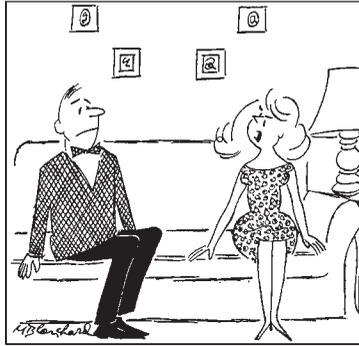
To be listed in calling card email your information to:
press@islandsunnews.com

PUZZLES

Answers on page 23

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



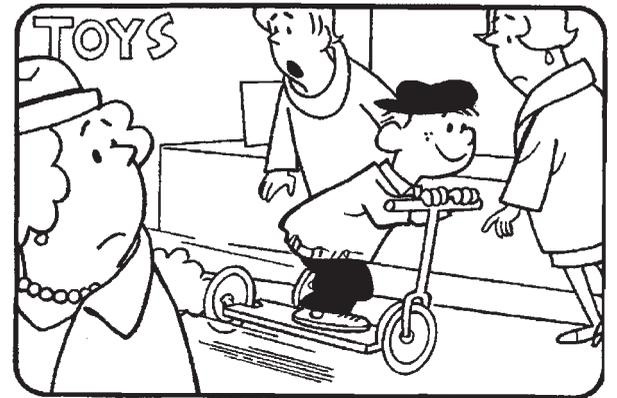
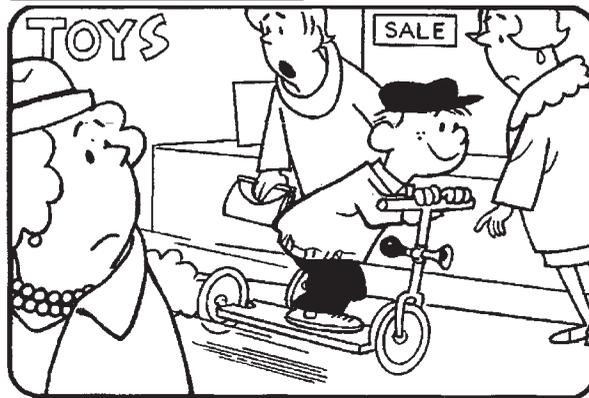
"Did you have anything in mind besides a _____ evening?"

- Father STRIPE
- Fight TABLET
- Just GIRTH
- Cover PAYCON

TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Beads are missing. 2. Purse is missing. 3. Sign is missing. 4. Cap is reversed. 5. Horn is missing. 6. Collar is different.

	6		9			7	
9					4		6
		8		5		2	
		3			5	4	
8				6	7		2
	9		4				1
5		2		8		7	
	1				2		8
6			3				5

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword

CITY NAMESAKES

- ACROSS**
- 1 June hrs.
 - 4 Cobbling tool
 - 7 Birthstone after opal
 - 12 Run-down 73-Down
 - 19 Deep musing
 - 21 Calm down
 - 22 Filled pasta squares
 - 23 Shady public walk
 - 24 1909 Literature Nobel [Alabama]
 - 26 Runner-up of tennis' 2017 U.S. Open [Wisconsin]
 - 28 Enkindled
 - 29 Authorize to
 - 30 "Ye olde" place
 - 31 Quarterback Brady
 - 32 Counterparts of egos
 - 35 Cutely shy
 - 38 Cosmetics company founder [Montana]
 - 46 Paris-based cultural gp.
 - 49 Mysterious letters
 - 50 Washington subway system, familiarly
 - 51 Alfred Lunt's comedy partner [Massachusetts]
 - 54 Poker champ Ungar
 - 55 Spicy cuisine
 - 56 Last line on an invoice
 - 57 Abu — (emirate)
 - 59 Navy off.
 - 60 Plaintiff
 - 61 "Today" co-anchor [Georgia]
 - 67 Take in
 - 70 Higher
 - 71 Take in
 - 72 "Jane Eyre" novelist [North Carolina]
 - 79 Goad
 - 83 Go bad
 - 84 — -ski bar
 - 85 Sedentary
 - 88 LAX stats
 - 90 Comic Carrey
 - 91 Star of the reality show subtitled "Life's a Tripp" [Connecticut]
 - 95 Birthstone after ruby
 - 97 "The Liberty Bell" march composer
 - 98 Passionate
 - 99 "Weeds" actress [New Jersey]
 - 103 — Plaines
 - 104 Mag heads
 - 105 That lad's
 - 106 Motorola competitor
 - 109 Saturate
 - 112 Iceberg part
 - 113 "National Velvet" novelist [Oklahoma]
 - 119 1970 #1 hit for The Guess Who that's apt for this puzzle?
 - 124 "Woe Is I" author Patricia T. —
 - 125 Price ceiling
 - 126 Part of FDA: Abbr.
 - 127 Toto's owner
 - 128 Having been banished
 - 129 Decade units
 - 130 Golf course units: Abbr.
 - 131 Grafton's — for Outlaw"
- DOWN**
- 1 Druggist's weight unit
 - 2 Acting Ward
 - 3 Tube spot
 - 4 Retort to "Am not!"
 - 5 State of a surviving wife
 - 6 Romance novelist Banks
 - 7 Stun with a charge
 - 8 Stay in line
 - 9 Good friends
 - 10 \$\$\$ holder
 - 11 Passionate
 - 12 Greek society
 - 13 Delay
 - 14 Abel's mom
 - 15 Broadcast
 - 16 — weevil
 - 17 Healing plant
 - 18 Donation
 - 20 Send out
 - 25 See 31-Down
 - 27 Kenan's sitcom buddy
 - 31 With 25-Down, perch for a nest
 - 32 Night demon
 - 33 Mil. award
 - 34 "Keep it in"
 - 35 Niche sects
 - 36 "The joke's —!"
 - 37 "Fiddler on the Roof" matchmaker
 - 39 Age
 - 40 Ursuline, e.g.
 - 41 Actress Miller
 - 42 Fido's jingler
 - 43 Antiquated anesthetic
 - 44 From Tehran
 - 45 Clamor
 - 47 Spider web, at times
 - 48 Toronto-based gridiron org.
 - 50 Sorority letters
 - 53 Caddy drink
 - 54 "Zip it up!"
 - 57 "Aw, rats!"
 - 58 Suffix with social
 - 62 Old Saturn SUVs
 - 63 LAPD alert
 - 64 "Weekend Edition" network
 - 65 Natal lead-in
 - 66 Set of seven
 - 68 Similar to
 - 69 Superbly done tasks
 - 72 Delicate pancake
 - 73 The Ritz, e.g.
 - 74 Pong creator
 - 75 Overused
 - 76 Pro —
 - 77 — for tat
 - 78 Rock's Brian
 - 80 Irritated
 - 81 Sheeplike
 - 82 Auto dings
 - 86 Northwestern Pacific fish
 - 87 ER skill
 - 89 Large or medium
 - 91 Enjoys some 1940s jazz
 - 92 Regret
 - 93 Syr. neighbor
 - 94 Hefty Cinch —
 - 96 "Old man"
 - 97 Slope on which a vessel is built
 - 100 Wispy
 - 101 Pol. wild card
 - 102 Unimportant person
 - 107 Stravinsky and Sikorsky
 - 108 Part of A.D.
 - 109 Indian dress
 - 110 Arab nation
 - 111 Singer Seeger
 - 112 Racket grip enhancer
 - 113 "The Circle" actress Watson
 - 114 Brand of hair remover
 - 115 Stay-the-night sites
 - 116 Informed of near Provo
 - 117 Utah city
 - 118 Abstainers from alcohol
 - 120 Writer Stout
 - 121 French for "here"
 - 122 Shortstop Ripken
 - 123 Poem type

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18			
19			20			21					22									
23						24					25									
26						27				28						29				
			30							31		32	33	34						
35	36	37		38			39	40	41			42				43	44	45		
46			47	48			49				50									
51					52	53					54				55					
56										57			58			59				
60					61		62	63	64	65					66					
			67	68	69		70						71							
72	73	74				75	76				77	78			79	80	81	82		
83			84								85		86	87						
88			89		90				91	92	93	94								
95			96				97							98						
99									100			101	102				103			
			104				105					106			107	108				
109	110	111				112					113	114	115				116	117	118	
119			120	121	122						123					124				
125															127					
128															130					131

King Crossword

ACROSS

- 1 Knock
- 4 "The Thin Man" dog
- 8 Tabloid writing
- 12 Post-op area
- 13 Pace
- 14 Alike (Fr.)
- 15 Sushi fish
- 17 "Hi, sailor!"
- 18 "Burnt" crayon color
- 19 Melody
- 21 Ordinal suffix
- 22 Game fish
- 26 Looks intently
- 29 Chaps
- 30 Man-mouse link
- 31 Has bills
- 32 — de deux
- 33 Mythical birds
- 34 Capote nickname
- 35 Stable diet?
- 36 Hill of "Moneyball"
- 37 Raw bar mollusk
- 39 Impose
- 40 Ms. Thurman
- 41 Tristan's love
- 45 Tibia's place
- 48 Saltwater fish
- 50 Mata —
- 51 Hotel chain
- 52 Hot tub
- 53 Rhyming tributes
- 54 Lake bird
- 55 Fixed
- 9 "This tastes awful!"
- 10 Asian language
- 11 Layer
- 16 Leg joints
- 20 Author
- 23 Fleming
- 24 Earth orbiter
- 24 Killer whale
- 25 "One-L lama" poet
- 26 Dead heat
- 27 Wrong
- 28 Jupiter counterpart
- 29 Spring month
- 32 Sunshade
- 33 Copter blade
- 35 Skirt edge
- 36 Singer
- 38 North African capital
- 39 Steinway product
- 42 Privation
- 43 Hoodwink
- 44 Coup d' —
- 45 HBO rival
- 46 Possessed
- 47 Hot temper
- 49 Comic Philips

DOWN

- 1 Eyeglass frames
- 2 Antioxidant berry
- 3 Brownish purple
- 4 Reps
- 5 Jazzy
- 6 Dead heat stores?
- 8 June birth-

1	2	3	4	5	6	7	8	9	10	11	
12			13					14			
15			16					17			
18						19	20				
			21			22		23	24	25	
26	27	28			29			30			
31				32				33			
34			35				36				
37			38			39					
									42	43	44
45	46	47			48	49					
50					51				52		
53					54				55		

MAGIC MAZE

ATHLETES TURNED ACTOR

OGDAXUYROLJVGDA
 XVS P **BRADSHAW** NKI
 FC AFERRIGNOXVSQ
 KOLNJHECDOAXHVT
 RCNPDNQAHS L T J R H
 FOODB L M R Y P A X V A T
 C R R R P M O E O M M R K B I
 GERDEBZNAIXWRBU
 TRIQOHANRSEAGAL
 NLSJIHTENADROJK
 GFDCCAYJXWVTSRP

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: SCHWARZENEGGER

- | | | | |
|----------|--------|--------|-----------|
| Bradshaw | Jabbar | Namath | Simpson |
| Chan | Jenner | Norris | The Rock |
| Connery | Jordan | Seagal | Van Damme |
| Ferrigno | Karras | Shaq | |



Fried Snapper with Watermelon and Sweet Chili photo courtesy Fresh From Florida



Fried Snapper with Watermelon and Sweet Chili

- 14 ounces snapper, skin removed and cut into bite-sized pieces
- 2 cups seedless watermelon, cut into bite-sized pieces
- ¼ cup carrot, shredded fine
- 2 cups all-purpose flour
- 1 cup milk
- 2 eggs
- 2 cups panko (Japanese breadcrumbs)
- 1 bunch green onions, washed and sliced
- ¼ cup fresh mint, chopped fine
- ½ cup sweet-spicy chili sauce (your favorite kind) plus more if desired
- Sea salt and fresh ground pepper, to

taste
 Preheat oiled fryer to 350 degrees. Use 3 mixing bowls for next step. Bowl 1: add flour and salt and pepper to taste. Bowl 2: combine and mix milk, eggs and salt and pepper to taste. Bowl 3: panko and salt and pepper to taste. Dredge snapper bites in flour to coat (shake off excess flour). Add thoroughly coated snapper bites to the egg mixture (handfuls at a time). Drain excess with slotted spoon. Add evenly coated snapper bites to the panko (shake off excess panko). Continue until all snapper bites have been breaded. Carefully add the coated snapper to the fryer basket (do not overcrowd). Carefully lower basket into hot oil and cook for 2-3 minutes or until golden brown and completely cooked inside. Remove from oil and drain. Place snapper bites into another large mixing bowl. Add green onions, mint, watermelon, carrot, and sweet chili sauce, lightly tossing to coat. Serve with additional sweet chili sauce.*

PETS OF THE WEEK



Eeyore ID# A918559 photos provided Lee County Domestic Animal Services

Eeyore And Annie

Hello, my name is Eeyore. I am a black and white 2-year-old male hound mix. My breed is typically thought of as a gloomy sort, but not me. I am a lively, loveable pup that will keep you entertained with my antics. My long legs make my running style quite a sight to see. Due to the Bissell Pet Foundation Empty the Shelter promotion, my adoption fee is waived with an approved application.

Hi, I'm Annie. I am a 2-month-old female domestic shorthair. One look at my sweet face, you will certainly fall in love. I am a feisty little girl with lots of spirit who would love to go home with a feline friend. Our adopt one kitten get a feline friend at no additional



Annie ID# A915849

charge still applies during the Bissell Pet Foundation's Empty the Shelters promotion. My adoption fee is waived. Lee County Domestic Animal Services is participating in the empty the shelter promotion through Saturday, May 14. There will be waived adoption fees with approved applications. This event will be hosted in more than 275 shelters in 40 states.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

My Stars ★★★★★ FOR WEEK OF MAY 9, 2022

- Aries** (March 21 to April 19) You Ewes and Rams will find your ideas cheered by a mostly receptive flock. Those few dissenters could well be turned around by your charm and powers of persuasion.
- Taurus** (April 20 to May 20) It's time for the bold and beautiful Bovine to shake off the dust of the past and shape up with new ideas for the future. This could surprise some folks, but they'll soon adjust.
- Gemini** (May 21 to June 20) Those nagging new doubts about an upcoming decision should alert you to step back (at least temporarily) so you can reassess its potential impact from a new perspective.
- Cancer** (June 21 to July 22) That unpleasant situation you hoped would go away by itself needs immediate attention before it affects an upcoming decision. Expect your supporters to rally around your cause.
- Leo** (July 23 to August 22) You're moving up and away from that recent setback. But remain cautious about finances. An exercise in thrift today helps cushion a possible end-of-the-month

- money squeeze.
- Virgo** (August 23 to September 22) You're still dealing with overtones of pessimism that cause you to doubt your ability to make some needed changes. But the negative pressures will ease up by week's end.
- Libra** (September 23 to October 22) There could be some fallout from the way you handled a recent family problem. But those who know that you were in the right won't hesitate to step in on your behalf.
- Scorpio** (October 23 to November 21) Financial strains ease by week's end. Meanwhile, focus on cultivating that new relationship if you hope to have it blossom into something more meaningful.
- Sagittarius** (November 22 to December 21) Health matters once again dominate the week. Be careful not to ignore recurrences of an old problem. An almost-forgotten commitment resurfaces.
- Capricorn** (December 22 to January 19) The emergence of an unusual selfish streak could dismay those close to you. Defy it – don't justify it – so you can become your gracious self again.
- Aquarius** (January 20 to February 18) Reassess your decision to stay with the status quo. It might seem like

- the sensible thing to do right now, but changes around you could make that choice a risky one.
- Pisces** (February 19 to March 20) Move decisively but cautiously when dealing with a delicate personal matter. The fewer mistakes you make now, the less likely it is that the problem will recur later on.
- Born This Week:** You can find beauty where many cannot. And you enjoy sharing your discovery with others.

MOMENTS IN TIME

- On May 18, 1783, the first United Empire Loyalists, known to American Patriots as Tories, arrive in what is now New Brunswick, Canada, to take refuge under the British crown. Loyalist refugees in western Quebec were given 200 acres apiece.
- On May 22, 1859, Sir Arthur Conan Doyle, creator of Sherlock Holmes, is born. His first Sherlock Holmes story, *A Study in Scarlet*, was published in 1887. Doyle soon grew weary of his creation, killing off Holmes only to resuscitate him later due to popular demand.
- On May 20, 1862, President Abraham Lincoln signs the Homestead

- Act, which opens government-owned land to small family farmers. The act gave the head of a family 160 acres to try his hand at farming for five years. If the farmer then could prove the homestead successful, he paid an \$18 filing fee and received a deed to the land.
- On May 21, 1881, in Washington, DC, humanitarians Clara Barton and Adolphus Solomons found the American National Red Cross, established to provide humanitarian aid to victims of wars and natural disasters.
- On May 17, 1943, the crew of the Memphis Belle, one of a group of American bombers based in Britain, becomes the first B-17 crew to complete 25 missions over Europe and return to the United States.
- On May 19, 1975, New York City's Chinatown is almost entirely shut down with shuttered stores displaying signs reading "Closed to Protest Police Brutality." The demonstration was a reaction to the New York Police Department's treatment of Peter Yew after he witnessed the police beating a Chinese teenager and attempted to intervene.
- On May 16, 1980, Los Angeles

 FRIDAY Sunny High: 81 Low: 67	 SATURDAY Sunny High: 82 Low: 69	 SUNDAY Sunny High: 81 Low: 67	 MONDAY Sunny High: 82 Low: 70	 TUESDAY Mostly Cloudy High: 81 Low: 68	 WEDNESDAY Cloudy High: 82 Low: 70	 THURSDAY Mostly Cloudy High: 84 Low: 69
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Redfish Pass Tides

Day	High	Low	High	Low
Fri	11:44 am	5:17 am	None	6:14 pm
Sat	12:56 am	5:45 am	12:04 pm	6:59 pm
Sun	1:58 am	6:10 am	12:28 pm	7:46 pm
Mon	3:03 am	6:29 am	12:58 pm	8:35 pm
Tue	4:15 am	6:43 am	1:33 pm	9:30 pm
Wed	2:14 pm	10:29 pm	None	None
Thu	3:01 pm	11:33 pm	None	None

Point Ybel Tides

Day	High	Low	High	Low
Fri	10:49 am	5:19 am	None	6:16 pm
Sat	12:01 am	5:47 am	11:09 am	7:01 pm
Sun	1:03 am	6:12 am	11:33 am	7:48 pm
Mon	2:08 am	6:31 am	12:03 pm	8:37 pm
Tue	3:20 am	6:45 am	12:38 pm	9:32 pm
Wed	1:19 pm	10:31 pm	None	None
Thu	2:06 pm	11:35 pm	None	None

Punta Rassa Tides

Day	High	Low	High	Low
Fri	11:41 am	5:31 am	None	6:16 pm
Sat	12:31 am	6:08 am	12:05 pm	7:03 pm
Sun	1:19 am	6:44 am	12:26 pm	7:50 pm
Mon	2:08 am	7:19 am	12:50 pm	8:41 pm
Tue	3:05 am	7:55 am	1:21 pm	9:34 pm
Wed	4:15 am	8:36 am	1:59 pm	10:28 pm
Thu	5:23 am	9:25 am	2:49 pm	11:24 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	2:02 am	8:33 am	1:54 pm	9:30 pm
Sat	3:06 am	9:01 am	2:14 pm	10:15 pm
Sun	4:08 am	9:26 am	2:38 pm	11:02 pm
Mon	5:13 am	9:45 am	3:08 pm	11:51 pm
Tue	6:25 am	9:59 am	3:43 pm	None
Wed	4:24 pm	12:46 am	None	None
Thu	5:11 pm	1:45 am	None	None

PROFESSIONAL DIRECTORY

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Tips For Students

Students who have borrowed federal education loans and are finishing their schooling must take exit counseling, according to Kentucky Higher Education Assistance Authority (KHEAA).

The federal government requires the counseling so student loan borrowers can understand their obligations and options. They can learn how to make their payments on time and whether they can qualify for a deferment or forbearance, which let them stop making payments temporarily, if they qualify. Most federal student loan payments are in forbearance at least through August 31 because of the pandemic.

The U.S. Department of Education assigns student loans to one of eight loan servicers, which collect payments. Servicers also help students pick the best repayment option. For more information, visit www.kheaa.com.

From page 20

Moments In Time

Lakers point guard Earvin "Magic" Johnson steps in for injured center Kareem Abdul-Jabbar and scores 42 points, leading the Lakers to a four games-to-two series win over

the Philadelphia 76ers and the NBA championship.

NOW HERE'S A TIP

• Earth Day got me thinking about how many plastic bottled beverages my family goes through. I have found six glass reusable bottles that can be run through the dishwasher, and I store them in the refrigerator in a cardboard six-pack holder. I still want the convenience of grabbing a bottle of water from the fridge, but I feel better knowing that I'm not contributing to a plastic problem.

- JoAnn

• Using ice-cold sour cream instead of ice-cold water in your pie crust recipe will give you a flakier crust.

• If you love to burn candles as much as I do, consider storing them in the refrigerator for a day or so before burning them. I swear, it makes them burn evenly. Someone told me this once, and I tried it and have been doing it ever since. No more crooked candles. - JL in Tennessee

• When traveling for more than a few days, stick your plants into the bathtub with a little bit of water. They'll soak it up, and you won't have to have someone come over and water your plants. This will only work for a week at most, though. - JM in Louisiana

• Kitchen remodels can be expensive, but when your kitchen isn't usable,

that's even more of an expense. Instead of opting for takeout food, set up an alternate kitchen to save money. A microwave, toaster oven, coffee pot and a small dorm-style fridge can take care of a lot of your needs in the short term.

• Planning on putting in some new plants or sprucing up your garden this spring? Check with your town's yard-waste recycling center about free mulch or compost. Many facilities offer these to their residents.

STRANGE BUT TRUE

• "White noise" is named such because, just as the color white is a mixture of many different shades at different ratios, it's a combination of all sound frequencies at once.

• Some of the first soccer balls were made of clothing filled with rubble.

• A young Bangladeshi woman with two uteruses gave birth to twins less than a month after having a son.

• "Jazz on bones" or "Ribs" were bootleg vinyl recordings made from old X-rays with holes burned in the middle from cigarettes, used in the '50s and '60s to smuggle banned music into the Soviet Union.

• A vending machine offering live crabs debuted in 2010 in Nanjing, China, with sales of around 200 per day and a promised refund of three live crabs for any dead one dispensed.

• While enough was known about Halley's Comet in 1910 to predict its arrival, rumors about its dangers were so extensive that some people bought comet umbrellas and anti-comet pills in an attempt to protect themselves from it.

• Between 2006 and 2007, Poland's prime minister and president were identical twin brothers, making them the first siblings in history to hold those titles simultaneously.

• Ever wonder why sneezes frequently occur in threes? The first loosens the irritant. The second propels it to the front of your nose, and the third expels it. Problem solved!

• Cats, dogs and even insects can all experience insomnia.

• Stephen King, who has made a career out of scaring his readers, is scared of the number 13: While reading, he won't pause on a page with that number or a page whose number adds up to 13.

THOUGHT FOR THE DAY

"Sometimes the steepest, most challenging and most rewarding paths in life are not meant to be walked, but crawled." - Toni Sorenson

TRIVIA TEST

1. **Science:** What is an organism that depends entirely upon another organism for its existence?

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5/6 * TFN

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6/5 * TFN

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4/22 * TFN

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4/20 * TFN

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1/21 * TFN

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1/26 * TFN

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4/15 * TFN

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Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water - and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

2. **History:** When did the Suez Canal open?
3. **Geography:** What nation's second largest island is called Mindanao?
4. **General Knowledge:** Where was sherry invented?
5. **Music:** Who was known as "the king of swing"?
6. **Discoveries:** In what century was the ancient city of Troy rediscovered by archaeologists?
7. **Government:** Who was the longest-serving U.S. House Speaker?
8. **Movies:** Who directed the movie *It Happened One Night*?
9. **Architecture:** How many churches did Christopher Wren design for London after the Great Fire of 1666?
10. **Television:** On *The Flintstones*, what is Bam-Bam's last name?

TRIVIA ANSWERS

1. Parasite 2. 1869 3. Philippines
4. Spain 5. Benny Goodman 6. 19th
7. Sam Rayburn (17 years) 8. Frank Capra
9. 52 10. Rubble

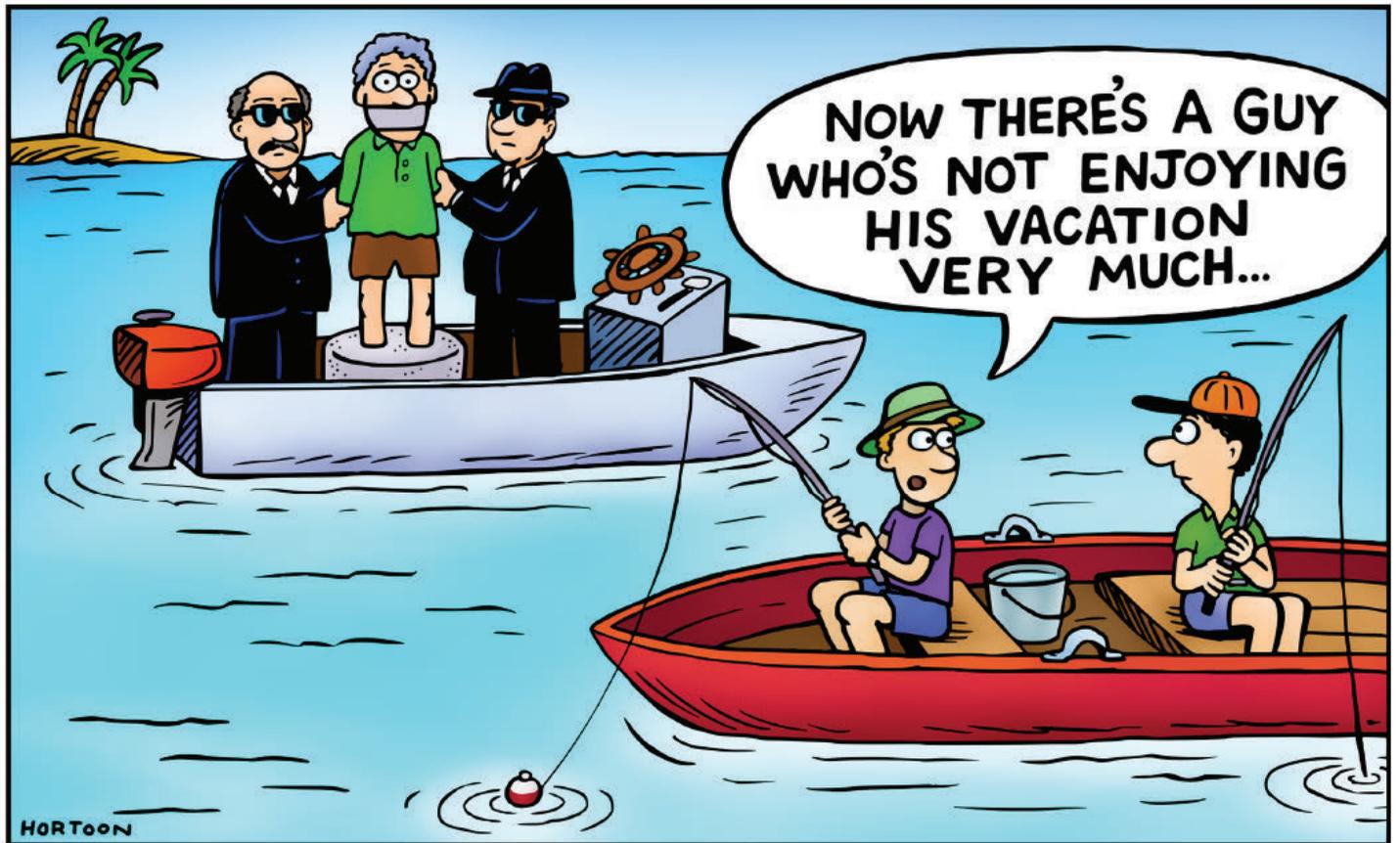
SCRAMBLERS ANSWER

1. Priest 2. Battle
3. Right; 4. Canopy

Today's Word

BORING

HORTOONS



PUZZLE ANSWERS

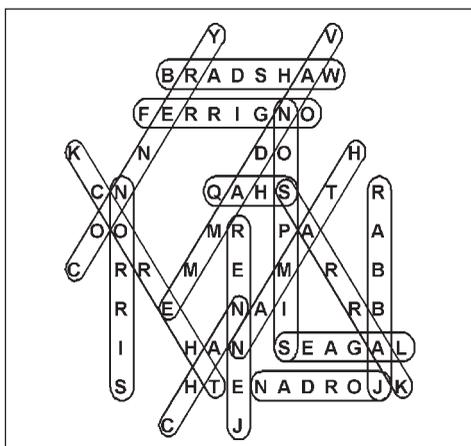
SUPER CROSSWORD

D	S	T	A	W	L	T	O	P	A	Z	F	L	E	A	B	A	G
R	E	V	E	R	I	E	A	B	A	T	E	R	A	V	I	O	L
A	L	A	M	E	D	A	S	E	L	M	A	L	A	G	E	R	L
M	A	D	I	S	O	N	K	E	Y	S	L	I	T	L	E	T	
C	O	Y	H	E	L	E	N	A	R	U	B	I	N	S	T	E	I
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S	O	P	T	I	P	E	N	I	D	B	A	G	N	O	L	D	
A	M	E	R	I	C	A	N	W	O	M	A	N	O	C	O	N	N
R	A	T	E	C	A	P	A	D	M	I	N	D	O	R	O	T	H
I	N	E	X	I	L	E	Y	E	A	R	S	Y	D	S	O	I	S

KING CROSSWORD

R	A	P		A	S	T	A		P	U	L	P	
I	C	U		G	A	I	T		E	G	A	L	
M	A	C	K	E	R	E	L		A	H	O	Y	
S	I	E	N	N	A		A	I	R				
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MAGIC MAZE



SUDOKU

2	6	5	9	1	8	3	7	4
9	7	1	2	3	4	8	5	6
3	4	8	7	5	6	2	9	1
1	2	3	8	9	5	4	6	7
8	5	4	1	6	7	9	3	2
7	9	6	4	2	3	5	1	8
5	3	2	6	8	1	7	4	9
4	1	9	5	7	2	6	8	3
6	8	7	3	4	9	1	2	5

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2020	5,744	\$8,295,000	\$7,650,000	44
Cases	Fort Myers Beach	1972	4,112	\$4,799,000	\$4,625,000	9
Dinkins Bayou	Sanibel	2009	3,883	\$3,700,000	\$3,700,000	2
Tuscany Isle	Bonita Springs	2005	5,392	\$3,200,000	\$3,200,000	111
Renaissance	Fort Myers	2008	10,000	\$3,389,000	\$3,190,000	259
Glenview	Fort Myers Beach	1964	2,215	\$2,995,000	\$3,100,000	1
Lane-Cochran	Sanibel	2002	3,868	\$3,295,000	\$2,975,000	55
Woodsedge	Estero	2005	3,758	\$2,950,000	\$2,900,000	0
Tuscany Isle	Bonita Springs	2002	4,475	\$2,700,000	\$2,700,000	0
Holiday Heights	Fort Myers Beach	1957	2,187	\$2,300,000	\$2,350,000	5

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